

6e Rapper dan Rap Laakdal - 19 juni 2004

4,3 KM

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|----------------------|---------|-------|---------|
| 1 | Mondelaers Kevin | 0:14:03 | 18,36 | 3:16 |
| 2 | Helsen Thomas | 0:14:11 | 18,19 | 3:18 |
| 3 | Vorstenbosch David | 0:14:59 | 17,22 | 3:29 |
| 4 | Verbeek Jef | 0:15:01 | 17,18 | 3:30 |
| 5 | Didden Peter | 0:15:16 | 16,90 | 3:33 |
| 6 | Convens Peter | 0:15:24 | 16,75 | 3:35 |
| 7 | Huysmans Jef | 0:15:27 | 16,70 | 3:36 |
| 8 | Vervoort Luc | 0:15:36 | 16,54 | 3:38 |
| 9 | Van Woensel Ludo | 0:15:41 | 16,45 | 3:39 |
| 10 | Wouters Bart | 0:15:45 | 16,38 | 3:40 |
| 11 | Cools Danny | 0:15:56 | 16,19 | 3:42 |
| 12 | Van Rompaye Bert | 0:16:00 | 16,13 | 3:43 |
| 13 | Beyens Kim | 0:16:03 | 16,07 | 3:44 |
| 14 | Vanbergen Thomas | 0:16:06 | 16,02 | 3:45 |
| 15 | Baeten Dirk | 0:16:48 | 15,36 | 3:54 |
| 16 | Hermans Martin | 0:16:59 | 15,19 | 3:57 |
| 17 | Hermans Melissa | 0:17:00 | 15,18 | 3:57 |
| 18 | Maus Jan | 0:17:03 | 15,13 | 3:58 |
| 19 | Meulders Hugo | 0:17:06 | 15,09 | 3:59 |
| 20 | Vermaelen Willy | 0:17:18 | 14,91 | 4:01 |
| 21 | Wuyts Jasper | 0:17:33 | 14,70 | 4:05 |
| 22 | Laenen Cristof | 0:17:38 | 14,63 | 4:06 |
| 23 | Prinsen Marc | 0:17:40 | 14,60 | 4:07 |
| 24 | Timmermans Marcel | 0:17:46 | 14,52 | 4:08 |
| 25 | Belien Jef | 0:17:51 | 14,45 | 4:09 |
| 26 | Verheyen Jos | 0:17:56 | 14,39 | 4:10 |
| 27 | Saenen Hilaire | 0:18:05 | 14,27 | 4:12 |
| 28 | Sevenants Henri | 0:18:13 | 14,16 | 4:14 |
| 29 | Schouters Robert | 0:18:30 | 13,95 | 4:18 |
| 30 | Janssens Henri | 0:18:48 | 13,72 | 4:22 |
| 31 | Coomans Liliane | 0:19:34 | 13,19 | 4:33 |
| 32 | Geyskens Zen | 0:19:42 | 13,10 | 4:35 |
| 33 | Van Dingenen Maria | 0:20:01 | 12,89 | 4:39 |
| 34 | Vankrunckelsven Ludo | 0:20:03 | 12,87 | 4:40 |
| 35 | Beyens Renilde | 0:20:06 | 12,84 | 4:40 |
| 36 | Laeremans Michael | 0:20:16 | 12,73 | 4:43 |
| 37 | Turtelboom Benjamin | 0:20:18 | 12,71 | 4:43 |
| 38 | Colman Georges | 0:20:20 | 12,69 | 4:44 |
| 39 | Gebruers Kristof | 0:20:30 | 12,59 | 4:46 |
| 40 | Goots Marc | 0:20:32 | 12,56 | 4:47 |
| 41 | Beyens Imelda | 0:20:42 | 12,46 | 4:49 |
| 42 | Vermaelen Johan | 0:20:54 | 12,34 | 4:52 |
| 43 | Geukens Sven | 0:21:07 | 12,22 | 4:55 |

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|------------------------|---------|-------|---------|
| 44 | Vanderstappen Dirk | 0:21:18 | 12,11 | 4:57 |
| 45 | Vanderstappen Maxim | 0:21:31 | 11,99 | 5:00 |
| 46 | Everaerts Rita | 0:21:50 | 11,82 | 5:05 |
| 47 | Vermaelen Wendy | 0:21:54 | 11,78 | 5:06 |
| 48 | Maenhoudt Jordy | 0:22:20 | 11,55 | 5:12 |
| 49 | De Vreese Clarina | 0:22:24 | 11,52 | 5:13 |
| 50 | Schodts Jelle | 0:22:31 | 11,46 | 5:14 |
| 51 | Deferme Werner | 0:22:40 | 11,38 | 5:16 |
| 52 | Vosch Davy | 0:22:41 | 11,37 | 5:17 |
| 53 | Van den Heuvel Laurent | 0:22:47 | 11,32 | 5:18 |
| 54 | Debloudts Nancy | 0:23:00 | 11,22 | 5:21 |
| 55 | Maenhoudt Rudi | 0:23:05 | 11,18 | 5:22 |
| 56 | Vanderhoydonck P | 0:23:09 | 11,14 | 5:23 |
| 57 | Verhaegen Jarne | 0:23:09 | 11,14 | 5:23 |
| 58 | Verhaegen Jari | 0:23:09 | 11,14 | 5:23 |
| 59 | Aegten Jaak | 0:23:56 | 10,78 | 5:34 |
| 60 | Van Houdt Manela | 0:24:32 | 10,52 | 5:42 |
| 61 | Pulinx Jos | 0:24:37 | 10,48 | 5:43 |
| 62 | Cuypers Christine | 0:24:41 | 10,45 | 5:44 |
| 63 | Gielis Ellen | 0:24:58 | 10,33 | 5:48 |
| 64 | De Vadder Fabienne | 0:28:01 | 9,21 | 6:31 |
| 65 | Aegten Martine | 0:28:01 | 9,21 | 6:31 |

8,4 KM

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|---------------------|---------|-------|---------|
| 1 | Wuyts Paul | 0:28:20 | 17,79 | 3:22 |
| 2 | Alderson Tom | 0:28:41 | 17,57 | 3:25 |
| 3 | Oeyen Dirk | 0:29:16 | 17,22 | 3:29 |
| 4 | Bastiaens Frank | 0:30:04 | 16,76 | 3:35 |
| 5 | Nuyts Peter | 0:30:43 | 16,41 | 3:39 |
| 6 | Coomans Patricks | 0:30:53 | 16,32 | 3:41 |
| 7 | Vleugels Marc | 0:31:12 | 16,15 | 3:43 |
| 8 | Swinnen Jan | 0:31:13 | 16,15 | 3:43 |
| 9 | Swinnen Dirk | 0:31:14 | 16,14 | 3:43 |
| 10 | Didden Eddy | 0:31:20 | 16,09 | 3:44 |
| 11 | Beckers Luc | 0:31:22 | 16,07 | 3:44 |
| 12 | Vleminx Jan | 0:31:30 | 16,00 | 3:45 |
| 13 | Vanden Bosch Rudy | 0:31:41 | 15,91 | 3:46 |
| 14 | Neesen Hedwig | 0:31:49 | 15,84 | 3:47 |
| 15 | De Keyzer Rene | 0:32:00 | 15,75 | 3:49 |
| 16 | Turtelboom Jan | 0:32:15 | 15,63 | 3:50 |
| 17 | Sannen Nico | 0:32:27 | 15,53 | 3:52 |
| 18 | Bens Benny | 0:32:59 | 15,28 | 3:56 |
| 19 | Cools Chris | 0:33:16 | 15,15 | 3:58 |
| 20 | Ruelens Jan | 0:33:22 | 15,10 | 3:58 |
| 21 | Ceusters Gerry | 0:33:29 | 15,05 | 3:59 |
| 22 | Wouters Godfried | 0:33:46 | 14,93 | 4:01 |
| 23 | Roels Gerrit | 0:33:49 | 14,90 | 4:02 |
| 24 | Beyens Ellen | 0:33:57 | 14,85 | 4:03 |
| 25 | Broekhoven Patrick | 0:34:02 | 14,81 | 4:03 |
| 26 | Ambroos Werner | 0:34:06 | 14,78 | 4:04 |
| 27 | Reynders Kristof | 0:34:11 | 14,74 | 4:04 |
| 28 | Verhaegen Ronny | 0:34:18 | 14,69 | 4:05 |
| 29 | Van de Velde Bert | 0:34:23 | 14,66 | 4:06 |
| 30 | Cools Edwin | 0:34:26 | 14,64 | 4:06 |
| 31 | Di Virgilio Ronny | 0:34:30 | 14,61 | 4:06 |
| 32 | Cuypers Dirk | 0:34:34 | 14,58 | 4:07 |
| 33 | Van Reusel Kris | 0:34:39 | 14,55 | 4:07 |
| 34 | Coremans Cyriel | 0:34:59 | 14,41 | 4:10 |
| 35 | Deboel Herman | 0:35:01 | 14,39 | 4:10 |
| 36 | Van der Velde Danny | 0:35:08 | 14,35 | 4:11 |
| 37 | Brabants Patrick | 0:35:11 | 14,32 | 4:11 |
| 38 | Van Den Bulck Jozef | 0:35:14 | 14,30 | 4:12 |
| 39 | Hoskens Benny | 0:35:17 | 14,28 | 4:12 |
| 40 | Van Reusel Johan | 0:35:19 | 14,27 | 4:12 |
| 41 | Schepers Luc | 0:35:33 | 14,18 | 4:14 |
| 42 | Moons Rutger | 0:35:45 | 14,10 | 4:15 |
| 43 | Pelgrims Patrick | 0:35:47 | 14,08 | 4:16 |

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|--------------------------|---------|-------|---------|
| 44 | Van Gelder Rudi | 0:35:51 | 14,06 | 4:16 |
| 45 | Van Dijck Louis | 0:36:02 | 13,99 | 4:17 |
| 46 | Van De Wouwer Rene | 0:36:19 | 13,88 | 4:19 |
| 47 | De Kock Francois | 0:36:24 | 13,85 | 4:20 |
| 48 | Vaes Bruno | 0:36:29 | 13,81 | 4:21 |
| 49 | Pelgrims Jan | 0:36:33 | 13,79 | 4:21 |
| 50 | Suffeleers Hubert | 0:36:35 | 13,78 | 4:21 |
| 51 | Sels Francois | 0:36:38 | 13,76 | 4:22 |
| 52 | Coenen Paula | 0:36:41 | 13,74 | 4:22 |
| 53 | Vermeulen Chris | 0:36:43 | 13,73 | 4:22 |
| 54 | Tubeeckx Francois | 0:37:07 | 13,58 | 4:25 |
| 55 | Vanwingh Andre | 0:37:10 | 13,56 | 4:25 |
| 56 | Gielen Michel | 0:37:15 | 13,53 | 4:26 |
| 57 | Arnauts Marc | 0:37:17 | 13,52 | 4:26 |
| 58 | Van Roelen Gaston | 0:37:28 | 13,45 | 4:28 |
| 59 | Vermeyleen Gerry | 0:37:32 | 13,43 | 4:28 |
| 60 | Nijs Hans | 0:37:49 | 13,33 | 4:30 |
| 61 | Kempen Julien | 0:37:54 | 13,30 | 4:31 |
| 62 | Vercammen Rudy | 0:37:56 | 13,29 | 4:31 |
| 63 | Lievens Liesbeth | 0:37:59 | 13,27 | 4:31 |
| 64 | Nuyts Karel | 0:38:02 | 13,25 | 4:32 |
| 65 | Maes Jan | 0:38:08 | 13,22 | 4:32 |
| 66 | Vandeweyer Moni | 0:38:13 | 13,19 | 4:33 |
| 67 | Nijs Patrick | 0:38:15 | 13,18 | 4:33 |
| 68 | Hermans Rudy | 0:38:17 | 13,16 | 4:33 |
| 69 | Van Den Broeck Christine | 0:38:53 | 12,96 | 4:38 |
| 70 | Van Bael Bart | 0:39:19 | 12,82 | 4:41 |
| 71 | Eyckmans Eric | 0:39:27 | 12,78 | 4:42 |
| 72 | Elen Ria | 0:39:40 | 12,71 | 4:43 |
| 73 | Vertessen Ludo | 0:40:16 | 12,52 | 4:48 |
| 74 | Van Nylen Christel | 0:40:30 | 12,44 | 4:49 |
| 75 | Verwimp Hardy | 0:40:30 | 12,44 | 4:49 |
| 76 | Belien Frans | 0:40:41 | 12,39 | 4:51 |
| 77 | Dewijngaert Eddy | 0:40:47 | 12,36 | 4:51 |
| 78 | Severijns Johan | 0:40:56 | 12,31 | 4:52 |
| 79 | Huygens Ivo | 0:41:05 | 12,27 | 4:53 |
| 80 | Verluyten Vera | 0:41:44 | 12,08 | 4:58 |
| 81 | Van de Velde Roger | 0:41:50 | 12,05 | 4:59 |
| 82 | Binnemans Toon | 0:43:29 | 11,59 | 5:11 |
| 83 | Frooninckx Sofie | 0:43:34 | 11,57 | 5:11 |
| 84 | Seykens Ludo | 0:43:41 | 11,54 | 5:12 |
| 85 | Camps Michael | 0:43:51 | 11,49 | 5:13 |
| 86 | Broeckaert Luk | 0:44:05 | 11,43 | 5:15 |
| 87 | Bries Viviane | 0:44:40 | 11,28 | 5:19 |
| 88 | Alles Stefaan | 0:44:41 | 11,28 | 5:19 |
| 89 | Clonen Marcel | 0:44:55 | 11,22 | 5:21 |

| PL | Naam | Tijd | GEM | KM-Tijd |
|-----|--------------------|---------|-------|---------|
| 90 | Helsen Leo | 0:45:04 | 11,18 | 5:22 |
| 91 | Cools Annelies | 0:45:13 | 11,15 | 5:23 |
| 92 | Boeckx Marijke | 0:45:23 | 11,11 | 5:24 |
| 93 | Geyskens Ludo | 0:45:23 | 11,11 | 5:24 |
| 94 | Govaerts Linda | 0:45:45 | 11,02 | 5:27 |
| 95 | Tielemans Hilde | 0:45:45 | 11,02 | 5:27 |
| 96 | Cools Evelien | 0:46:10 | 10,92 | 5:30 |
| 97 | Winters Mariella | 0:46:18 | 10,89 | 5:31 |
| 98 | Nobels Hilde | 0:47:33 | 10,60 | 5:40 |
| 99 | Vandervoort Annick | 0:47:34 | 10,60 | 5:40 |
| 100 | Byloos Frans | 0:48:59 | 10,29 | 5:50 |
| 101 | Verberck Edwin | 0:49:07 | 10,26 | 5:51 |
| 102 | Jans Lilian | 0:49:08 | 10,26 | 5:51 |
| 103 | Vanderwegen Felix | 0:50:27 | 9,99 | 6:00 |
| 104 | Cools Annelies | 0:50:31 | 9,98 | 6:01 |
| 105 | Beckers Linda | 0:51:58 | 9,70 | 6:11 |

12,6 KM

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|------------------------|---------|-------|---------|
| 1 | Beyens Frans | 0:42:24 | 17,83 | 3:22 |
| 2 | Cools Danny | 0:44:32 | 16,98 | 3:32 |
| 3 | Lemmens Jean Pierre | 0:46:29 | 16,26 | 3:41 |
| 4 | Wuyts Wilfried | 0:46:33 | 16,24 | 3:42 |
| 5 | Coomans Chris | 0:46:44 | 16,18 | 3:43 |
| 6 | Degens Erik | 0:47:49 | 15,81 | 3:48 |
| 7 | Siongers Gunther | 0:47:58 | 15,76 | 3:48 |
| 8 | Van Passel Jan | 0:48:38 | 15,54 | 3:52 |
| 9 | Vankrunkelsven Patrick | 0:49:20 | 15,32 | 3:55 |
| 10 | Rutten Rudy | 0:49:22 | 15,31 | 3:55 |
| 11 | Camps Dirk | 0:50:10 | 15,07 | 3:59 |
| 12 | Matthysen Geert | 0:50:49 | 14,88 | 4:02 |
| 13 | Elsen Paul | 0:50:54 | 14,85 | 4:02 |
| 14 | Renders Erwin | 0:51:56 | 14,56 | 4:07 |
| 15 | Geeraerts Bart | 0:52:22 | 14,44 | 4:09 |
| 16 | De Zutter Bastus | 0:52:40 | 14,35 | 4:11 |
| 17 | Schepers Roger | 0:52:51 | 14,30 | 4:12 |
| 18 | Hermans Ludo | 0:53:03 | 14,25 | 4:13 |
| 19 | Van Craen Adri | 0:53:31 | 14,13 | 4:15 |
| 20 | Vervoort Paul | 0:53:32 | 14,12 | 4:15 |
| 21 | Luybaerts Edwin | 0:53:35 | 14,11 | 4:15 |
| 22 | Beyens Karel | 0:53:56 | 14,02 | 4:17 |
| 23 | Caputo Antonio | 0:54:10 | 13,96 | 4:18 |
| 24 | Rutten Nico | 0:54:17 | 13,93 | 4:18 |
| 25 | Seyen Roger | 0:54:24 | 13,90 | 4:19 |
| 26 | Aerts Andre | 0:55:17 | 13,68 | 4:23 |
| 27 | Nuyts Jos | 0:55:46 | 13,56 | 4:26 |
| 28 | Neujens Eric | 0:56:10 | 13,46 | 4:27 |
| 29 | Geussens Julien | 0:56:14 | 13,44 | 4:28 |
| 30 | Vanbergen Michel | 0:56:24 | 13,40 | 4:29 |
| 31 | Celen Alex | 0:57:05 | 13,24 | 4:32 |
| 32 | Nobels Guido | 0:57:24 | 13,17 | 4:33 |
| 33 | Mertens Egied | 0:57:40 | 13,11 | 4:35 |
| 34 | Neuts Ronny | 0:58:21 | 12,96 | 4:38 |
| 35 | Gebruers Jan | 0:58:30 | 12,92 | 4:39 |
| 36 | Bemong Marc | 0:59:03 | 12,80 | 4:41 |
| 37 | Bosman Ludo | 0:59:19 | 12,75 | 4:42 |
| 38 | Camps David | 0:59:46 | 12,65 | 4:45 |
| 39 | Bartholomeus Sonja | 0:59:54 | 12,62 | 4:45 |
| 40 | Van Doninck Walter | 0:59:57 | 12,61 | 4:45 |
| 41 | Wenderickx Nancy | 1:00:37 | 12,47 | 4:49 |
| 42 | Van Gehuchten Maria | 1:02:17 | 12,14 | 4:57 |
| 43 | Fousemt Freddy | 1:03:25 | 11,92 | 5:02 |

| PL | Naam | Tijd | GEM | KM-Tijd |
|----|------------------|---------|-------|---------|
| 44 | Duts Luc | 1:03:26 | 11,92 | 5:02 |
| 45 | Serneels Peter | 1:04:07 | 11,79 | 5:05 |
| 46 | Thielens Wendy | 1:04:14 | 11,77 | 5:06 |
| 47 | Lemmens Bart | 1:05:11 | 11,60 | 5:10 |
| 48 | Vervloesem Maria | 1:06:27 | 11,38 | 5:16 |
| 49 | Taskin Patrick | 1:06:28 | 11,37 | 5:17 |
| 50 | Geerts Louis | 1:06:59 | 11,29 | 5:19 |
| 51 | Goethuys Roger | 1:13:28 | 10,29 | 5:50 |