

| | | | |
|------------|---------------------|-----------------------|-----------------|
| 1000 meter | Min Men Time :19:34 | | |
| Heat:1 | | | |
| | 1 | 7252 Rutten Owen | 0 LOOI 3:23.25 |
| | 2 | 6905 Steenackers Giel | 99 ACHL 3:28.81 |
| | 3 | 6576 Boonen Jacob | 99 LOOI 3:37.98 |
| | 4 | 7241 Nijsten Vinney | 0 GENK 3:46.55 |

| | | | |
|------------|-------------------|-------------------------|-----------------|
| 1000 meter | Min V Time :19:29 | | |
| Heat:1 | | | |
| | 1 | 6313 De Wit Lies | 0 LOOI 3:20.05 |
| | 2 | 6672 Boiten Tine | 99 ACA 3:21.07 |
| | 3 | 6279 Steegen Sen | 99 ATLA 3:23.06 |
| | 4 | 6144 Driesen Hanneke | 99 ACHL 3:23.49 |
| | 5 | 6545 Fagard Pauline | 0 LOOI 3:24.92 |
| | 6 | 5606 Goormans Jolien | 0 AVZK 3:28.49 |
| | 7 | 6593 Cras Miet | 99 LOOI 3:32.85 |
| | 8 | 6150 Caubergs Jana | 99 ATLA 3:40.10 |
| | 9 | 5671 Vandervelden Lotte | 0 LOOI 4:02.22 |

| | | | |
|-----------|---------------------|------------------------|----------------|
| 600 meter | Ben Men Time :19:55 | | |
| Heat:1 | | | |
| | 1 | 1198 Bex Ferhan | 3 LOOI 1:49.22 |
| | 2 | 575 Dua Jits | 3 KAPE 2:01.13 |
| | 3 | 1132 Fieuws Barend | 3 LIER 2:02.59 |
| | 4 | 1205 Sauter Benjamin | 3 LOOI 2:05.06 |
| | 5 | 9669 QUINTIENS SAM | 3 NA 2:14.46 |
| | 6 | 1204 Mechelmans Tom | 3 LOOI 2:15.92 |
| | 7 | 1590 Hermens Bert | 4 ATLA 2:16.15 |
| | 8 | 590 Exelmans Renzo | 3 ROBA 2:16.25 |
| | 9 | 1202 De Sitter Nathan | 3 LOOI 2:17.07 |
| | 10 | 848 Van Nysten Corneel | 4 LOOI 2:23.67 |
| | 11 | 9634 TIELEMANS KILIAN | 5 NA 2:28.95 |
| | 12 | 9716 MACQUOY RUNE | 4 NA 2:32.74 |
| | 13 | 9710 MENTENS MATHIAS | 5 NA 2:32.77 |
| | 14 | 18 Verbeeck Jesse | 5 AVZK 2:33.45 |
| | 15 | 9680 BROEDERS LENNERT | 3 NA 2:38.45 |
| | 16 | 9674 VAN NYLEN PEPIJN | 6 NA 2:38.96 |
| | 17 | 1402 Lenaers Dries | 4 LOOI 2:48.97 |
| | 18 | 9668 KEUNEN THOMAS | 3 NA 2:51.03 |
| | 19 | 1199 Van Genechten Jef | 4 LOOI 2:57.85 |

| | | | |
|-----------|-------------------|--------------------------|----------------|
| 600 meter | Ben V Time :19:53 | | |
| Heat:1 | | | |
| | 1 | 89 Metten Helena | 3 LOOI 2:06.01 |
| | 2 | 95 Serre Sofie | 3 LOOI 2:08.69 |
| | 3 | 9681 DILLAERTS EMILIE | 3 NA 2:21.16 |
| | 4 | 93 Vaes Kyana | 3 LOOI 2:25.04 |
| | 5 | 1709 Vandecraen Anna | 3 LOOI 2:25.78 |
| | 6 | 1032 Deboel Lien | 3 LOOI 2:25.86 |
| | 7 | 1291 Van Haute Lore | 4 LOOI 2:44.68 |
| | 8 | 9708 VAN ROOSBROECK KATO | 4 NA 2:49.63 |
| | 9 | 9599 MEYNEN MILA | 6 NA 2:55.19 |
| | 10 | 9578 BOECKX JANA | 6 NA 2:56.07 |
| | 11 | 9705 SCHROVEN RENEE | 5 NA 3:05.70 |
| | 12 | 9899 VAN KERCKHOVEN LORE | 5 NA 3:06.50 |

13 9561 VAN DE CRAEN NORE 6 NA 3:15.41

1000 meter
Heat:1 Pup Men Time :20:21

| | | | |
|---|-----------------------|--------|---------|
| 1 | 4529 Bex Wout | 2 LOOI | 3:29.63 |
| 2 | 3874 Desmedt Jens | 1 ACHL | 3:32.83 |
| 3 | 9873 MADUEKE TREASURE | 2 NA | 3:35.71 |
| 4 | 3405 Verbeeck Yarno | 2 AVZK | 3:36.45 |
| 5 | 5131 Loockx Lennert | 2 LOOI | 3:42.52 |
| 6 | 4566 Theys Brent | 1 LOOI | 3:43.08 |
| 7 | 4380 Reynders Niels | 1 LOOI | 4:31.12 |

1000 meter
Heat:1 Pup V Time :20:22

| | | | |
|----|--------------------------|--------|---------|
| 1 | 3629 Alenteyns Lore | 1 LOOI | 3:24.12 |
| 2 | 3662 Vandezande Amber | 2 LOOI | 3:36.02 |
| 3 | 2987 Verbiest Anke | 2 LOOI | 3:40.50 |
| 4 | 2933 Eelen Karlien | 2 ACHL | 3:41.74 |
| 5 | 3779 Valkeneers Antje | 2 LOOI | 3:42.43 |
| 6 | 3777 Valkeneers Lotte | 1 LOOI | 3:43.87 |
| 7 | 3310 Cools Anthe | 2 LOOI | 3:45.00 |
| 8 | 3079 Raemaekers Jill | 1 AVT | 3:46.97 |
| 9 | 3813 Detaille Imani | 2 LOOI | 3:53.29 |
| 10 | 9896 HUBLOUX LOIS | 1 NA | 4:04.38 |
| 11 | 9898 CAERTS JULIE | 1 NA | 4:14.23 |
| 12 | 9684 NUYNENS LISE | 2 NA | 4:16.59 |
| 13 | 3995 Vanwesemael Eva | 1 LOOI | 4:21.87 |
| 14 | 3771 Van Genechten Sarah | 2 LOOI | 4:26.25 |
| 15 | 2902 Nuyts Alexandra | 2 LOOI | 4:44.84 |

verspringen
Heat:1 Ben Men KANTINE Time :19:38

| | | | |
|----|------------------------|--------|------|
| 1 | 1198 Bex Ferhan | 3 LOOI | 4.04 |
| 2 | 1205 Sauter Benjamin | 3 LOOI | 3.34 |
| 3 | 1132 Fieuws Barend | 3 LIER | 3.30 |
| 4 | 1590 Hermens Bert | 4 ATLA | 3.30 |
| 5 | 9669 QUINTIENS SAM | 3 NA | 3.21 |
| 6 | 9710 MENTENS MATHIAS | 5 NA | 3.06 |
| 7 | 1204 Mechelmans Tom | 3 LOOI | 3.00 |
| 8 | 1202 De Sitter Nathan | 3 LOOI | 2.98 |
| 9 | 9668 KEUNEN THOMAS | 3 NA | 2.97 |
| 10 | 9680 BROEDERS LENNERT | 3 NA | 2.82 |
| 11 | 848 Van Nysten Corneel | 4 LOOI | 2.81 |
| 12 | 9716 MACQUOY RONE | 4 NA | 2.57 |
| 13 | 18 Verbeeck Jesse | 5 AVZK | 2.46 |
| 14 | 9674 VAN NYLEN PEPIJN | 6 NA | 2.40 |
| 15 | 1199 Van Genechten Jef | 4 LOOI | 2.33 |
| 16 | 1402 Lenaers Dries | 4 LOOI | 2.28 |
| 17 | 110 Volders Kamiel | 5 LOOI | 2.27 |

verspringen
Heat:1 Pup V TRIBUNE Time :19:41

| | | | |
|---|----------------------|--------|------|
| 1 | 3883 Hufkens Joke | 1 LOOI | 3.65 |
| 2 | 2986 Verammen Anouck | 1 LOOI | 3.58 |
| 3 | 3112 Oost Morgan | 2 AVZK | 3.53 |
| 4 | 3079 Raemaekers Jill | 1 AVT | 3.52 |

| | | | | | |
|----|------|---------------------|---|------|------|
| 5 | 3220 | Verboven Silke | 1 | LOOI | 3.48 |
| 6 | 2933 | Eelen Karlien | 2 | ACHL | 3.44 |
| 7 | 3777 | Valkeneers Lotte | 1 | LOOI | 3.42 |
| 8 | 3662 | Vandezande Amber | 2 | LOOI | 3.42 |
| 9 | 2804 | Milloen Nele | 2 | AVZK | 3.41 |
| 10 | 3885 | Hoobergs Fenne | 1 | LOOI | 3.37 |
| 11 | 3683 | Swerts Manon | 2 | LOOI | 3.32 |
| 12 | 9684 | NUYNENS LISE | 2 | NA | 3.29 |
| 13 | 3779 | Valkeneers Antje | 2 | LOOI | 3.23 |
| 14 | 2987 | Verbiest Anke | 2 | LOOI | 3.17 |
| 15 | 3995 | Vanwesemael Eva | 1 | LOOI | 3.11 |
| 16 | 3813 | Detaille Imani | 2 | LOOI | 3.03 |
| 17 | 3310 | Cools Anthe | 2 | LOOI | 2.95 |
| 18 | 3771 | Van Genechten Sarah | 2 | LOOI | 2.91 |
| 19 | 9692 | MECHELMANS ANNA | 1 | NA | 2.45 |

kogelstoten 1,000kg Ben V Time :19:31
Heat:1

| | | | | | |
|----|------|-------------------|---|------|------|
| 1 | 256 | Raemaekers Tess | 3 | AVT | 8.32 |
| 2 | 93 | Vaes Kyana | 3 | LOOI | 7.25 |
| 3 | 89 | Metten Helena | 3 | LOOI | 7.06 |
| 4 | 1709 | Vandecraen Anna | 3 | LOOI | 5.93 |
| 5 | 9681 | DILLAERTS EMILIE | 3 | NA | 5.82 |
| 6 | 95 | Serre Sofie | 3 | LOOI | 5.55 |
| 7 | 1032 | Deboel Lien | 3 | LOOI | 5.11 |
| 8 | 9599 | MEYNEN MILA | 6 | NA | 4.07 |
| 9 | 9578 | BOECKX JANA | 6 | NA | 3.97 |
| 10 | 1291 | Van Haute Lore | 4 | LOOI | 3.84 |
| 11 | 9705 | SCHROVEN RENEE | 5 | NA | 3.10 |
| 12 | 9561 | VAN DE CRAEN NORE | 6 | NA | 2.99 |
| 13 | 9635 | TIELEMANS IYANI | 6 | NA | 2.15 |

hockeywerpen Pup Men Time :19:33
Heat:1

| | | | | | |
|----|------|---------------------|---|------|-------|
| 1 | 3406 | Milloen Sander | 2 | AVZK | 44.61 |
| 2 | 3404 | Ceulemans Vincent | 2 | AVZK | 41.31 |
| 3 | 4380 | Reynders Niels | 1 | LOOI | 39.61 |
| 4 | 3412 | D'hooghe Zico | 1 | AVZK | 37.12 |
| 5 | 3881 | Prenen Senne | 1 | MACD | 33.45 |
| 6 | 4585 | Claes Tom | 1 | LOOI | 32.93 |
| 7 | 3405 | Verbeeck Yarno | 2 | AVZK | 32.78 |
| 8 | 4234 | Beenkens Tom* | 1 | ATLA | 32.72 |
| 9 | 3874 | Desmedt Jens | 1 | ACHL | 32.49 |
| 10 | 4529 | Bex Wout | 2 | LOOI | 30.57 |
| 11 | 4346 | Vanderheyden Maxime | 1 | LOOI | 30.55 |
| 12 | 9873 | MADUEKE TREASURE | 2 | NA | 27.45 |
| 13 | 5031 | Lauwers Florian | 1 | LOOI | 24.35 |
| 14 | 9711 | CARREMANS JELLE | 2 | NA | 20.15 |
| 15 | 4566 | Theys Brent | 1 | LOOI | 19.54 |

verspringen Min Men Time :19:53
Heat:1

| | | | | | |
|---|------|---------------------|----|------|------|
| 1 | 6515 | Kelchtermans Sander | 99 | AVT | 4.53 |
| 2 | 7643 | Sijsmans Frederik | 99 | LOOI | 4.37 |
| 3 | 6905 | Steenackers Giel | 99 | ACHL | 4.18 |
| 4 | 6576 | Boonen Jacob | 99 | LOOI | 4.07 |

| | | | |
|---|------------------------|--------|------|
| 5 | 9670 KENENS LARS | 0 NA | 3.71 |
| 6 | 7241 Nijsten Vinney | 0 GENK | 3.56 |
| 7 | 7252 Rutten Owen | 0 LOOI | 3.39 |
| 8 | 6683 Vercammen Maarten | 0 LOOI | 3.09 |

kogelstoten 2,000kg Min V Time :19:57
Heat:1

| | | | |
|----|----------------------------|---------|-------|
| 1 | 6900 Maluta Dani | 0 ACKO | 11.81 |
| 2 | 5746 Van Hooghten Lauranne | 99 ACHL | 10.87 |
| 3 | 6313 De Wit Lies | 0 LOOI | 10.43 |
| 4 | 6990 Ghoos Charlotte | 99 LOOI | 10.03 |
| 5 | 5698 Mees Emma | 99 ACHL | 9.81 |
| 6 | 5704 Vermonden Julie | 99 ACHL | 9.80 |
| 7 | 6672 Boiten Tine | 99 ACA | 9.19 |
| 8 | 6144 Driesen Hanneke | 99 ACHL | 8.18 |
| 9 | 5667 Ghoos Fiebe | 99 LOOI | 7.89 |
| 10 | 9638 PEETERMANS ELIEN | 99 NA | 7.66 |
| 11 | 5668 GEUKENS Silke | 0 LOOI | 7.64 |
| 12 | 5671 Vandervelden Lotte | 0 LOOI | 7.60 |
| 13 | 6593 Cras Miet | 99 LOOI | 7.02 |
| 14 | 9667 THIELENS BERNICE | 99 NA | 6.64 |
| 15 | 9682 QUINTENS KAREN | 0 NA | 5.69 |

discuswerpen 0,600kg Pup Men Time :20:04
Heat:1

| | | | |
|----|--------------------------|--------|-------|
| 1 | 3406 Milloen Sander | 2 AVZK | 25.48 |
| 2 | 4234 Beenkens Tom* | 1 ATLA | 24.14 |
| 3 | 4300 Dhaenens Wout | 1 ACKO | 22.57 |
| 4 | 3881 Prenen Senne | 1 MACD | 21.32 |
| 5 | 4380 Reynders Niels | 1 LOOI | 21.31 |
| 6 | 3404 Ceulemans Vincent | 2 AVZK | 20.69 |
| 7 | 3405 Verbeeck Yarno | 2 AVZK | 20.09 |
| 8 | 4585 Claes Tom | 1 LOOI | 19.20 |
| 9 | 5031 Lauwers Florian | 1 LOOI | 18.91 |
| 10 | 4566 Theys Brent | 1 LOOI | 18.87 |
| 11 | 4346 Vanderheyden Maxime | 1 LOOI | 17.11 |
| 12 | 3412 D'hooghe Zico | 1 AVZK | 16.88 |
| 13 | 3874 Desmedt Jens | 1 ACHL | 16.66 |
| 14 | 9711 CARREMANS JELLE | 2 NA | 15.77 |
| 15 | 9873 MADUEKE TREASURE | 2 NA | 11.68 |
| 16 | 4529 Bex Wout | 2 LOOI | 8.02 |

hockeywerpen Pup V Time :20:07
Heat:1

| | | | |
|----|-----------------------|--------|-------|
| 1 | 3079 Raemaekers Jill | 1 AVT | 32.33 |
| 2 | 3112 Oost Morgan | 2 AVZK | 28.06 |
| 3 | 3777 Valkeneers Lotte | 1 LOOI | 24.78 |
| 4 | 3813 Detaille Imani | 2 LOOI | 24.25 |
| 5 | 2900 Ghoos Jorie | 1 LOOI | 23.83 |
| 6 | 3683 Swerts Manon | 2 LOOI | 23.48 |
| 7 | 3995 Vanwesemael Eva | 1 LOOI | 22.85 |
| 8 | 2933 Eelen Karlien | 2 ACHL | 22.10 |
| 9 | 3629 Alenteyns Lore | 1 LOOI | 21.75 |
| 10 | 3662 Vandezande Amber | 2 LOOI | 21.59 |
| 11 | 2987 Verbiest Anke | 2 LOOI | 19.87 |
| 12 | 9692 MECHELMANS ANNA | 1 NA | 19.15 |

| | | | |
|----|--------------------------|--------|-------|
| 13 | 3883 Hufkens Joke | 1 LOOI | 17.98 |
| 14 | 3771 Van Genechten Sarah | 2 LOOI | 16.56 |
| 15 | 3779 Valkeneers Antje | 2 LOOI | 15.68 |
| 16 | 2986 Vercammen Anouck | 1 LOOI | 14.00 |
| 17 | 3310 Cools Anthe | 2 LOOI | 13.41 |
| 18 | 2902 Nuyts Alexandra | 2 LOOI | 12.43 |

verspringen Ben V KANTINE Time :20:10
Heat:1

| | | | |
|----|--------------------------|--------|------|
| 1 | 89 Metten Helena | 3 LOOI | 3.47 |
| 2 | 9681 DILLAERTS EMILIE | 3 NA | 3.40 |
| 3 | 93 Vaes Kyana | 3 LOOI | 3.16 |
| 4 | 95 Serre Sofie | 3 LOOI | 3.04 |
| 5 | 256 Raemaekers Tess | 3 AVT | 2.89 |
| 6 | 1032 Deboel Lien | 3 LOOI | 2.83 |
| 7 | 9708 VAN ROOSBROECK KATO | 4 NA | 2.62 |
| 8 | 1709 Vandecraen Anna | 3 LOOI | 2.58 |
| 9 | 1291 Van Haute Lore | 4 LOOI | 2.54 |
| 10 | 9705 SCHROVEN RENEE | 5 NA | 2.07 |
| 11 | 9635 TIELEMANS IYANI | 6 NA | 2.03 |
| 12 | 9599 MEYNEN MILA | 6 NA | 1.93 |

verspringen Min V TRIBUNE Time :20:28
Heat:1

| | | | |
|----|----------------------------|---------|------|
| 1 | 5704 Vermonden Julie | 99 ACHL | 4.51 |
| 2 | 6144 Driesen Hanneke | 99 ACHL | 4.38 |
| 3 | 6593 Cras Miet | 99 LOOI | 4.08 |
| 4 | 5698 Mees Emma | 99 ACHL | 4.07 |
| 5 | 6313 De Wit Lies | 0 LOOI | 4.00 |
| 6 | 5671 Vandervelden Lotte | 0 LOOI | 3.99 |
| 7 | 6990 Ghoos Charlotte | 99 LOOI | 3.76 |
| 8 | 5746 Van Hooghten Lauranne | 99 ACHL | 3.68 |
| 9 | 6545 Fagard Pauline | 0 LOOI | 3.56 |
| 10 | 5668 GEUKENS Silke | 0 LOOI | 3.56 |
| 11 | 9667 THIELENS BERNICE | 99 NA | 3.49 |
| 12 | 9638 PEETERMANS ELIEN | 99 NA | 3.36 |
| 13 | 9682 QUINTENS KAREN | 0 NA | 2.25 |

kogelstoten 1,000kg Ben Men Time :20:33
Heat:1

| | | | |
|----|------------------------|--------|------|
| 1 | 575 Dua Jits | 3 KAPE | 8.69 |
| 2 | 1132 Fieuws Barend | 3 LIER | 7.50 |
| 3 | 1204 Mechelmans Tom | 3 LOOI | 7.26 |
| 4 | 9680 BROEDERS LENNERT | 3 NA | 7.08 |
| 5 | 1202 De Sitter Nathan | 3 LOOI | 6.87 |
| 6 | 848 Van Nysten Corneel | 4 LOOI | 6.66 |
| 7 | 9710 MENTENS MATHIAS | 5 NA | 6.21 |
| 8 | 1590 Hermens Bert | 4 ATLA | 5.91 |
| 9 | 9716 MACQUOY RUNE | 4 NA | 5.56 |
| 10 | 9634 TIELEMANS KILIAN | 5 NA | 4.81 |
| 11 | 18 Verbeeck Jesse | 5 AVZK | 4.62 |
| 12 | 9674 VAN NYLEN PEPIJN | 6 NA | 4.59 |
| 13 | 110 Volders Kamiel | 5 LOOI | 4.11 |
| 14 | 1199 Van Genechten Jef | 4 LOOI | 3.65 |
| 15 | 1402 Lenaers Dries | 4 LOOI | 3.56 |

discuswerpen 0,750kg Min Men Time :20:34
Heat:1

| | | | |
|----|----------------------------|---------|-------|
| 1 | 6512 Ceulemans Seppe | 99 AVZK | 32.48 |
| 2 | 6905 Steenackers Giel | 99 ACHL | 30.93 |
| 3 | 6515 Kelchtermans Sander | 99 AVT | 25.24 |
| 4 | 7362 Vander Schelde Wietse | 0 RCT | 24.15 |
| 5 | 6576 Boonen Jacob | 99 LOOI | 22.62 |
| 6 | 7219 Dhaenens Ruben | 99 ACKO | 22.17 |
| 7 | 7770 Carremans Siemen | 0 LOOI | 22.06 |
| 8 | 7643 Sijsmans Frederik | 99 LOOI | 21.73 |
| 9 | 6683 Vercammen Maarten | 0 LOOI | 20.58 |
| 10 | 7241 Nijsten Vinney | 0 GENK | 16.86 |
| 11 | 6511 Boons Axel | 99 AVZK | 14.37 |
| 12 | 6577 Jacobs Stef | 99 LOOI | 13.26 |

verspringen Pup Men Time :20:53
Heat:1

| | | | |
|----|------------------------|--------|------|
| 1 | 3874 Desmedt Jens | 1 ACHL | 4.41 |
| 2 | 3406 Milloen Sander | 2 AVZK | 4.03 |
| 3 | 3881 Prenen Senne | 1 MACD | 3.86 |
| 4 | 4585 Claes Tom | 1 LOOI | 3.81 |
| 5 | 4529 Bex Wout | 2 LOOI | 3.79 |
| 6 | 3412 D'hooghe Zico | 1 AVZK | 3.78 |
| 7 | 4380 Reynders Niels | 1 LOOI | 3.41 |
| 8 | 9873 MADUEKE TREASURE | 2 NA | 3.27 |
| 9 | 3404 Ceulemans Vincent | 2 AVZK | 3.12 |
| 10 | 4566 Theys Brent | 1 LOOI | 3.12 |

kogelstoten 3,000kg Min Men Time :21:00
Heat:1

| | | | |
|----|----------------------------|---------|-------|
| 1 | 6512 Ceulemans Seppe | 99 AVZK | 11.18 |
| 2 | 6905 Steenackers Giel | 99 ACHL | 10.15 |
| 3 | 7219 Dhaenens Ruben | 99 ACKO | 9.07 |
| 4 | 6576 Boonen Jacob | 99 LOOI | 8.29 |
| 5 | 7362 Vander Schelde Wietse | 0 RCT | 7.77 |
| 6 | 6515 Kelchtermans Sander | 99 AVT | 7.56 |
| 7 | 7770 Carremans Siemen | 0 LOOI | 7.37 |
| 8 | 7643 Sijsmans Frederik | 99 LOOI | 7.02 |
| 9 | 6683 Vercammen Maarten | 0 LOOI | 6.52 |
| 10 | 7241 Nijsten Vinney | 0 GENK | 5.75 |
| 11 | 6577 Jacobs Stef | 99 LOOI | 5.56 |

discuswerpen 0,600kg Pup V Time :21:07
Heat:1

| | | | |
|----|--------------------------|--------|-------|
| 1 | 2900 Ghoos Jorie | 1 LOOI | 21.66 |
| 2 | 3079 Raemaekers Jill | 1 AVT | 20.64 |
| 3 | 3885 Hoobergs Fenne | 1 LOOI | 15.91 |
| 4 | 3995 Vanwesemael Eva | 1 LOOI | 14.26 |
| 5 | 3883 Hufkens Joke | 1 LOOI | 13.90 |
| 6 | 3777 Valkeneers Lotte | 1 LOOI | 12.65 |
| 7 | 3220 Verboven Silke | 1 LOOI | 12.41 |
| 8 | 2804 Milloen Nele | 2 AVZK | 12.25 |
| 9 | 3112 Oost Morgan | 2 AVZK | 11.89 |
| 10 | 2987 Verbiest Anke | 2 LOOI | 11.81 |
| 11 | 3662 Vandezande Amber | 2 LOOI | 10.95 |
| 12 | 3771 Van Genechten Sarah | 2 LOOI | 10.85 |

| | | | | |
|----|-----------------------|---|------|-------|
| 13 | 2933 Eelen Karlien | 2 | ACHL | 10.76 |
| 14 | 3310 Cools Anthe | 2 | LOOI | 10.14 |
| 15 | 2902 Nuyts Alexandra | 2 | LOOI | 8.96 |
| 16 | 3779 Valkeneers Antje | 2 | LOOI | 7.91 |
| | 9692 MECHELMANS ANNA | 1 | NA | NM |

speerwerpen 400g
Heat:1

Min V Time :20:55

| | | | | |
|---|----------------------------|----|------|-------|
| 1 | 6672 Boiten Tine | 99 | ACA | 29.77 |
| 2 | 5746 Van Hooghten Lauranne | 99 | ACHL | 25.59 |
| 3 | 6313 De Wit Lies | 0 | LOOI | 23.77 |
| 4 | 6990 Ghoos Charlotte | 99 | LOOI | 17.22 |
| 5 | 6593 Cras Miet | 99 | LOOI | 16.80 |
| 6 | 5698 Mees Emma | 99 | ACHL | 15.31 |
| 7 | 5671 Vandervelden Lotte | 0 | LOOI | 14.09 |
| 8 | 5667 Ghoos Fiebe | 99 | LOOI | 13.14 |
| 9 | 6144 Driesen Hanneke | 99 | ACHL | 12.56 |