

100 meter Cad V Time :19:26

Heat:1 Wind : 0.5

1	211 Vandervelden Lotte	0 LOOI	13.39
2	837 Laporte Morgan	0 AVZK	13.41
3	218 Cras Miet	99 LOOI	13.75
4	763 De Brandt Naomi	99 LYRA	13.99
5	217 GEUKENS Silke	0 LOOI	14.42
6	33 Tielemans Robin	0 AVZK	14.56
7	423 Ghoos Charlotte	99 LOOI	14.59
8	497 Pelckmans Belene	0 LIER	15.26

100 meter SCHOL- JSM V Time :19:27

Heat:1 Wind : -0.7

1	3380 Pieroni Messalina	98 LOOI	12.97
2	1320 Govaerts Sofie	90 LOOI	13.68
3	3290 Schillewaert Ann	78 LOOI	13.74
4	3596 Helsen Sara	98 ACA	13.94
5	77 Goetschalckx Mieke	96 VMOL	14.32
6	3187 De Veuster Ilse	70 AVZK	15.31
7	2919 Paps Maria	48 LOOI	19.47

100 meter CAD+ SM Men Time :19:27

Heat:1 Wind : -0.1

1	335 Hoobergs Jesse	96 LOOI	11.81
2	189 Teixeira Flavio	95 ACHL	11.97
3	984 Peeters Stijn	94 ACRB	12.23
4	511 Didden Thibaut	99 LOOI	12.57
5	597 Schoefs Daan	0 ADD	12.82
6	710 PEETERS Tuur	0 LOOI	13.30
7	5811 Verelst Wim	68 AVZK	13.62

mijl CAD+SCHOL+JSM V Time :19:49

Heat:1

1	697 Uyttebroek Paulien	99 RCT	5:26.08
2	2617 Peeters Anja	69 LOOI	5:29.27
3	3596 Helsen Sara	98 ACA	5:30.61
4	738 Nelissen Paulien	99 ACA	5:31.60
5	3595 Helsen Heleen	97 ACA	5:44.42
6	3122 Waerzeggers Bridey	98 ACKO	6:02.56
7	3279 Ryckaert Lana	97 LOOI	6:16.42
8	3661 Wynant Paulien	98 RCT	6:18.77
9	3401 Steegmans Anouk	98 LOOI	6:20.89
10	1527 Lambert Ineke	94 RCT	6:23.04
11	273 Bruggen Lien	0 ATLA	6:30.48
12	2533 De Coninck Ilse	69 ROBA	6:38.25
13	3281 Kenis Axelle	98 LOOI	6:49.75
14	598 De Cock Laura	99 AVZK	6:51.90
15	9946 JONKERS RIET	43 NED	7:15.55

mijl CAD+ JSM Men Time :20:04

Heat:1

1	882 Parmentier Ewoud	0 DCLA	4:48.95
2	350 Cuypers Fabian	99 DCLA	5:05.23
3	300 Pannemans Stef	0 ATLA	5:15.48

4	513 Pauwels Quinten	0 LOOI	5:16.27
5	725 Camps Wout	0 LOOI	5:17.91
6	4024 Cools Edwin	58 LOOI	6:08.38
7	4021 Dullers Andre	54 LOOI	6:12.77
	710 PEETERS Tuur	0 LOOI	DNF
	2102 Steurs Vladimir	93 DCLA	DNS
	4659 Steurs Wim	64 DCLA	DNS

mijl CAD+ JSM Men Time :20:04
Heat:2

1	1566 Poffe Chiel	93 DCLA	4:30.30
2	1310 Schauwaers Kevin	86 ACHL	4:38.12
3	1850 Vandebrouck Jeroen	84 AVT	4:43.03
4	1518 Gijbels Nick	87 AVT	4:49.91
5	4218 Schoels Marc	63 ACA	4:56.76
6	251 t'Syen Jannick	96 LOOI	4:56.98
7	3816 Verbist Wouter	73 ROBA	5:04.37
8	9947 BOTTICHER RUDOLF	62 GER	5:05.33
9	3833 De Raet Jan	65 ROBA	5:21.18
10	5875 Hendrickx Roger	53 ARAC	5:22.06
11	4010 Volders Dirk	59 LOOI	5:25.29
12	4019 Exelmans Yves	64 LOOI	5:47.76
13	6441 Pignolet Luc	56 ARCH	5:53.01

400 meter Cad V Time :20:35
Heat:1

1	218 Cras Miet	99 LOOI	63.18
2	311 Fagard Pauline	0 LOOI	65.42
3	282 Steegen Sen	99 ATLA	67.75
4	1478 Pignolet Clemence	99 ARCH	69.33
5	209 Vandenlindenloof Charlott	0 ABES	70.63

400 meter Cad V Time :20:35
Heat:2

1	119 Baetens Sara	0 ABES	70.68
2	33 Tielemans Robin	0 AVZK	70.97
3	834 Van Damme Yasmine	0 ABES	71.85
4	274 Caubergs Jana	99 ATLA	74.61

400 meter Sch V Time :20:35
Heat:1

1	3769 Vandervoort Ursula Jazmin	98 LOOI	63.72
2	3216 Philips Lotte	97 SPBO	63.84
3	3282 Corthout Celien	98 LOOI	66.63
4	3277 Bellens Laurien	98 ABES	69.50

400 meter JSM V Time :20:36
Heat:1

1	2376 Buyens Mieke	76 ACHL	61.07
2	1919 Bodeux Olivia	92 BBS	61.72
3	399 Pinter Eline	96 BVAC	62.08
4	1056 Spiessens Tine	92 ACHL	63.04
5	77 Goetschalckx Mieke	96 VMOL	64.43
6	2729 Peetermans Ilse	70 ACHL	66.70
7	2336 Gillhaus Angelique	65 AVZK	67.31

8 2339 Crauwels Anja 73 AVZK 79.47

400 meter Cad Men Time :21:03
Heat:1

1	202 Van Herck Brent	0 VMOL	57.77
2	320 Spiessens Yentl	99 LYRA	58.13
3	597 Schoefs Daan	0 ADD	58.61
4	944 Van Bockstaele Maarten	99 LIER	58.81
5	595 Bauters Laurens	99 ADD	60.53
	626 Sijsmans Frederik	99 LOOI	DNS

400 meter Cad Men Time :21:03
Heat:2

1	823 Boonen Jacob	99 LOOI	59.63
2	280 Peeters Arne	99 GEEL	62.78
3	449 Jacobs Wouter	99 ATLA	63.19
4	30 Ceulemans Seppe	99 AVZK	64.80
	300 Pannemans Stef	0 ATLA	DNS

400 meter SCHOL+ JSM Men Time :21:04
Heat:1

1	278 Giedts Sam	95 RCT	50.16
2	24 Mees Jef	96 ACHL	50.24
3	1709 Spaas Jan	94 AVT	50.82
4	1516 Latinne Reynaldo	92 AVT	51.41
5	1035 Motmans Glenn	94 AVT	51.59
6	399 Op De Beeck Frederic	95 ACHL	51.68
7	198 Eerdeken Sam	96 DALO	52.37
8	1021 Verbiest Thomas	88 ACHL	52.69

400 meter SCHOL+ JSM Men Time :21:04
Heat:2

1	432 Senden Udo	95 AVT	52.04
2	459 Van Gool Pieter	96 VMOL	52.46
3	1219 Vandervelden Dries	94 LOOI	53.13
4	1011 Raets Glenn	89 ACHL	53.67
5	201 Geelen Sam	95 AVT	53.82
6	2487 Willemse Vincent	97 LIER	54.10
7	545 Dieussaert Emiel	96 TACT	54.49
8	104 Van Dyck Niels	95 LOOI	55.61

400 meter SCHOL+ JSM Men Time :21:04
Heat:3

1	2162 Vanhoucke Yngwie	93 FLAC	51.54
2	2254 Hus Martijn	97 VMOL	54.63
3	1468 Deflem Kenny	92 SPVI	55.86
4	1765 Jonckers Jayson	90 SPVI	56.66
5	5151 Van Aelst Dirk	64 AVZK	60.19
6	3948 Hus Rudy	63 VMOL	69.31
7	3817 Verdoodt Koen	64 ROBA	77.03
	2413 Huyck Hannes	98 SPBO	DIS

10.000 meter JSM Men Time :21:52
Heat:1

1	2387 Rondou Niels	86 ACKO	32:50.76
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2	3986 Binnemans Koen	76 VMOL	34:18.33
3	2887 Detrez Damien	79 RFCL	36:01.21
4	3972 Hendrickx Wannas	78 VMOL	36:17.24
5	4953 Hermans Luc	57 DCLA	36:54.59
6	1566 Poffe Chiel	93 DCLA	36:54.98
7	4028 Bens Benny	62 LOOI	39:53.07
8	4537 Claus Eric	61 RIEM	40:35.31
9	9949 VAN DE VEN MARTIEN	48 NED	43:07.97
	2564 Dethier Julien	92 HERV	DNF

hoogspringen JSM V Time :19:22
Heat:1

1	1605 Van Houtven Katrien	93 LOOI	1.50
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verspringen Cad Men Time :20:14
Heat:1

1	316 Verherstraeten Simon	99 LYRA	5.56	+0.4
2	626 Sijsmans Frederik	99 LOOI	5.33	+1.2
3	202 Van Herck Brent	0 VMOL	5.16	+1.7
4	1062 Truyens Aaron	99 LIER	5.04	+0.1
5	623 Wuyts Alec	99 LIER	3.89	+0.4

verspringen Sch Men Time :20:11
Heat:1

1	2571 Vandeweerd Toon	98 GENK	5.76	+1.2
2	2413 Huyck Hannes	98 SPBO	5.73	-0.3
3	2580 Wuyts Matthias	98 LIER	4.69	+0.6

verspringen JSM Men Time :20:14
Heat:1

1	335 Hoobergs Jesse	96 LOOI	5.77	-0.6
2	1116 Permentier Johan	79 SPBO	5.15	+1.0
3	121 Snauwaert Robin	96 DCLA	5.13	+0.8
4	5085 Bervoets Ronny	65 LOOI	4.59	-0.3
5	4604 Pelckmans Dimitri	69 LIER	4.30	+0.4
6	4557 Hulsmans Pierre	45 LOOI	3.54	-0.4

hamerslingeren 4,000kg Cad Men Time :20:16
Heat:1

1	201 Vanbroekhoven Senne	99 VMOL	48.04
2	488 Carremans Siemen	0 LOOI	38.11
3	563 Steegmans Andreas	0 ACA	32.36
4	238 Vercammen Maarten	0 LOOI	20.61
5	495 Vanhelmont Ruben	0 ACA	19.46
6	959 Jacobs Stef	99 LOOI	14.25

hamerslingeren 4,000kg M70+ Mas Men Time :20:20
Heat:1

1	4014 Symons Emiel	41 LOOI	41.95
2	3494 Wuyts Albert	43 ACHL	23.57
3	4638 Vandebosch Lambert	34 GENK	20.19
4	9950 KNAPEN HENK	44 NED	18.61

kogelstoten 3,000kg Cad V Time :20:22
Heat:1

1	647 Savelkouls Mila	0 ATLA	11.42
3	100 Peeters Laura	0 SPBO	11.12
4	45 Van Hooghten Lauranne	99 ACHL	9.94
5	551 Theeuws Sam	0 LYRA	9.47
6	981 Azzouz Yasmine	0 ABES	9.29

kogelstoten 3,000kg Sch V Time :20:24

Heat:1

1	3250 Caers Thalissa	98 VMOL	12.49
2	3191 Peeters Nele	97 SPBO	12.37
3	4364 Pletinckx Leslie Marie	97 RCAS	11.77
4	3298 Lindemans Lisemarie	97 ROBA	11.10
5	3774 Jacobs Caroline	98 LOOI	10.36
6	3462 REYNDERS Kirsten	97 LOOI	8.57
7	3609 De Brandt Alyssa	97 LYRA	7.96

kogel 3,000kg W50+ Mas V Time :20:46

Heat:1

1	2919 Paps Maria	48 LOOI	6.02
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discuswerpen 1,750kg Jun Men Time :20:51

Heat:1

1	408 Durdu Emrullah	96 GENK	37.14
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discuswerpen 2,000kg Sen Men Time :20:29

Heat:1

1	1751 Jacobs Brett	94 ADD	34.58
2	1308 Goossens Bjorn	87 ACHL	31.70
3	1450 Willem Ben	94 LIER	31.21
4	9951 VAN DE VEN RENE	84 NED	29.50
5	9953 NOYEN BART	88 NED	28.25
6	9952 DUIF JEROEN	86 NA	24.80

discus 2,000kg M35..45 Mas Men Time :20:31

Heat:1

1	5992 Mesotten Patrick	69 ATLA	35.58
2	4016 Ghoos Kris	73 LOOI	30.74
3	4891 Mariën Koen	72 LIER	21.35

speerwerpen 700g Sch Men Time :20:39

Heat:1

1	2721 Laporte Vincent	97 AVZK	54.50
2	2334 Francken Thibault	97 LYRA	50.93
3	2254 Hus Martijn	97 VMOL	44.43
4	2137 Van Turnhout Jens	98 ACHL	36.46
5	2626 Carlucci Lieven	98 GENK	32.75
6	2660 Jacobs Colin	98 ADD	31.64

speerwerpen 700g M50...55 Mas Men Time :20:41

Heat:1

1	5291 Van Rooy Marcel	62 ACHL	44.87
2	5558 De Geest Andreas	59 LOOI	41.24
3	4133 Bobbaers Georges	56 ATLA	40.11
4	5078 Jacobs Humberto	57 ADD	35.30
5	3948 Hus Rudy	63 VMOL	34.01

hamerslingeren 6 kg Jun Men Time :20:51

Heat:1

1	305 Malengreaux Remi	95 RCG	65.53
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kogelstoten 4,000kg JS V Time :20:43

Heat:1

1	205 Vermeulen Freya	95 EA	9.76
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kogel 4,000kg W35,40,45 Mas V Time :20:43

Heat:1

1	3290 Schillewaert Ann	78 LOOI	8.57
2	2960 Paesen Sonja	68 LOOI	5.80

speerwerpen 600g Cad Men Time :21:26

Heat:1

1	1062 Truyens Aaron	99 LIER	39.31
2	595 Bauters Laurens	99 ADD	38.75
3	511 Didden Thibaut	99 LOOI	37.58
4	513 Pauwels Quinten	0 LOOI	34.52
5	626 Sijsmans Frederik	99 LOOI	33.39
6	495 Vanhelmont Ruben	0 ACA	31.02
	238 Vercammen Maarten	0 LOOI	NM

speerwerpen 600g M60...65 Mas Men Time :20:45

Heat:1

1	5491 Van Impe Frank	50 BVAC	34.53
2	4557 Hulsmans Pierre	45 LOOI	22.62
3	4020 Elsen Roger	44 LOOI	22.06
	5267 Biets Hugo	52 ACA	NM

verspringen Cad V Time :20:40

Heat:1

1	837 Laporte Morgan	0 AVZK	4.93	+0.2
2	763 De Brandt Naomi	99 LYRA	4.86	+0.4
3	423 Ghoos Charlotte	99 LOOI	3.77	+0.2
4	497 Pelckmans Belene	0 LIER	3.45	-0.4

verspringen Sch V Time :20:42

Heat:1

1	3768 Vandervoort Vasthi Alondr	97 LOOI	4.93	-0.4
2	3216 Philips Lotte	97 SPBO	4.32	+0.3
3	3525 Moorkens Sofie	98 LIER	3.96	-0.4

discuswerpen 1,000kg Cad Men Time :21:11

Heat:1

1	511 Didden Thibaut	99 LOOI	43.29
2	201 Vanbroekhoven Senne	99 VMOL	37.22
3	488 Carremans Siemen	0 LOOI	34.08
4	563 Steegmans Andreas	0 ACA	33.68
5	595 Bauters Laurens	99 ADD	32.05
6	1062 Truyens Aaron	99 LIER	30.74
7	238 Vercammen Maarten	0 LOOI	27.51
8	495 Vanhelmont Ruben	0 ACA	26.24
9	623 Wuyts Alec	99 LIER	18.28

10 959 Jacobs Stef 99 LOOI 15.00

discus 1,000kg M60+ Mas Men Time :21:13

Heat:1

1	4014 Symons Emiel	41 LOOI	37.12
2	4825 Schoofs Rene	48 ADD	35.10
3	3952 Ooms Gerard	49 VMOL	33.21
4	5267 Biets Hugo	52 ACA	29.07
5	4638 Vandebosch Lambert	34 GENK	28.65
6	5491 Van Impe Frank	50 BVAC	28.60
7	4557 Hulsmans Pierre	45 LOOI	26.62
8	4020 Elsen Roger	44 LOOI	26.32
9	3494 Wuyts Albert	43 ACHL	26.30
10	9950 KNAPEN HENK	44 NED	22.50

speerwerpen 500g M70+ Mas Men Time :20:44

Heat:1

1	4638 Vandebosch Lambert	34 GENK	25.81
2	9950 KNAPEN HENK	44 NED	21.39

hamerslingeren 7,260kg Sen Men Time :21:16

Heat:1

1	9948 STOK SANDER	82 NED	57.25
2	1308 Goossens Bjorn	87 ACHL	38.88
3	1423 Nulens Jeffrey	92 BREE	37.19
4	1686 Houben Frederik	79 ACA	33.49
5	9951 VAN DE VEN RENE	84 NED	27.24
6	9953 NOYEN BART	88 NED	20.86
7	9952 DUIF JEROEN	86 NA	17.07

hamer 7,260kg M35...45 Mas Men Time :21:17

Heat:1

1	4799 Gieghase Peter	66 VMOL	44.71
2	4016 Ghoos Kris	73 LOOI	34.83
3	4891 Mariën Koen	72 LIER	13.52

hamerslingeren 5,000kg Sch Men Time :22:09

Heat:1

1	2255 Vanbroekhoven Stef	97 VMOL	58.39
2	2124 Deploey Thorgal	98 RCG	49.45
3	2555 Gieghase Kobe	98 VMOL	47.67
4	2537 Steegmans Jasper	97 ACA	30.15
5	2461 Nulens Guy	97 BREE	26.57

hamer 5,000kg M60+ Mas Men Time :22:10

Heat:1

1	5267 Biets Hugo	52 ACA	26.17
2	3952 Ooms Gerard	49 VMOL	24.35
3	4020 Elsen Roger	44 LOOI	20.28
4	4557 Hulsmans Pierre	45 LOOI	19.82

discuswerpen 1,000kg Cad V Time :22:44

Heat:1

1	647 Savelkouls Mila	0 ATLA	37.00
3	1400 Dodrimont Emilie	99 HF	34.98

4	45 Van Hooghten Lauranne	99 ACHL	31.28
5	100 Peeters Laura	0 SPBO	24.14
6	48 Herremans Britney	0 ACHL	23.08
7	981 Azzouz Yasmine	0 ABES	21.73
8	837 Laporte Morgan	0 AVZK	20.09
9	551 Theeuws Sam	0 LYRA	17.41
	423 Ghoos Charlotte	99 LOOI	NM

discuswerpen 1,000kg Sch V Time :22:46

Heat:1

1	3250 Caers Thalissa	98 VMOL	40.45
2	4364 Pletinckx Leslie Marie	97 RCAS	34.08
3	3191 Peeters Nele	97 SPBO	33.88
4	3774 Jacobs Caroline	98 LOOI	31.99
5	3298 Lindemans Lisemarie	97 ROBA	28.53
6	3609 De Brandt Alyssa	97 LYRA	22.70

discuswerpen 1,000kg JS V Time :22:47

Heat:1

1	205 Vermeulen Freya	95 EA	38.33
2	1360 Reynders Alien	94 LOOI	35.31
3	1320 Govaerts Sofie	90 LOOI	34.54
4	76 Verwimp Eline	95 VMOL	33.82

discuswerpen 1,000kg Mas V Time :22:48

Heat:1

1	2361 Heylen Annie	56 ACHL	20.42
2	2960 Paesen Sonja	68 LOOI	17.81
3	2919 Paps Maria	48 LOOI	14.68

speerwerpen 800g JS Men Time :22:22

Heat:1

1	9951 VAN DE VEN RENE	84 NED	48.36
2	2320 Wils Sander	93 VMOL	48.05
3	1751 Jacobs Brett	94 ADD	45.09
4	1450 Willem Ben	94 LIER	41.76
5	1998 Lenaerts Yannick	92 AVT	41.27
6	335 Hoobergs Jesse	96 LOOI	36.44
7	121 Snauwaert Robin	96 DCLA	28.29

speerwerpen 800g M35...45 Mas Men Time :22:23

Heat:1

1	5085 Bervoets Ronny	65 LOOI	27.01
2	4604 Pelckmans Dimitri	69 LIER	25.04
3	4891 Mariën Koen	72 LIER	19.62

discuswerpen 1,500kg Sch Men Time :23:23

Heat:1

1	2721 Laporte Vincent	97 AVZK	41.10
2	2982 Stalmans Jesse	97 LOOI	39.68
3	2285 Aerts Alexander	98 LOOI	31.71
4	2660 Jacobs Colin	98 ADD	23.56
	2137 Van Turnhout Jens	98 ACHL	NM
	2580 Wuyts Matthias	98 LIER	NM
	2255 Vanbroekhoven Stef	97 VMOL	NM

discus 1,500kg M50,M55 Mas Men Time :23:24

Heat:1

1	5648 Vanden Bossche Bruno	56 ABES	35.85
2	5558 De Geest Andreas	59 LOOI	34.52
3	4133 Bobbaers Georges	56 ATLA	29.06
4	5078 Jacobs Humberto	57 ADD	28.57
	5291 Van Rooy Marcel	62 ACHL	NM