

1500 meter AC Vr + AC Men Time :11:44

Heat:1

| | | | | |
|---|-----|----------------------|---------|--------|
| 1 | 1 | CAMBRE SAM | EIGE | 5:45.8 |
| 2 | 63 | FIEUWS QUINTEN | 1 LYRA | 6:17.8 |
| 3 | 70 | VERBRUGGEN HANNES | 0 LYRA | 6:25.3 |
| 4 | 121 | VAN DER MOST RICHARD | 89 AVSC | 6:46.0 |
| 5 | 10 | DEBELDER BART | 90 EIGE | 6:57.2 |
| 6 | 2 | EECKHOUT SARAH | EIGE | 8:09.3 |
| 7 | 96 | TUYLS BRUNO | 55 SKAR | 8:24.8 |
| 8 | 95 | LELIAERT FREDERIK | 76 SKAR | 8:27.5 |
| 9 | 100 | GOETSCHALKX RUDY | 70 GOOR | 9:28.5 |

1500 meter AC Vr + AC Men Time :13:31

Heat:1

| | | | |
|-----|--------------------------|---------|----|
| 74 | CHAUVAUX JOKE | 94 LYRA | NM |
| 76 | DIGNEFFE INE | 99 LYRA | NM |
| 73 | CEULEMANS ELIESE | 2 LYRA | NM |
| 83 | VAN CAMP SIMEN | 1 ROBA | NM |
| 183 | KRUITWAGEN DIMITRI | 89 ATIL | NM |
| 46 | WENSELEERS ERIK | 82 VOSJ | NM |
| 137 | HUBRECHT KOEN | 68 SOMI | NM |
| 91 | GRYMONPON BRAM | 94 ROBA | NM |
| 22 | VAN RAVENSTEIN LARS | 94 WAAL | NM |
| 86 | VAN CAUWENBERGH VALERIAN | 98 ROBA | NM |
| 23 | DE JAGER TOBIAS | 89 WAAL | NM |
| 124 | DE VOGHT DARGHAN | 2 ACHL | NM |
| 87 | LAUWERS MARIO | 65 ROBA | NM |
| 157 | HULST BRYAN | 0 SPAR | NM |
| 125 | BAKELANTS BRENT | 96 ACHL | NM |

verspringen ZONDER AANLOOP AC Men STAND 1 Time :11:09

Heat:1

| | | | | | |
|---|-----|-------------------|---------|------|------|
| 1 | 98 | BOEREN LUC | 78 GOOR | 2.07 | +0.0 |
| 2 | 104 | VAN OPSTAL GERT | 68 GOOR | 1.48 | +0.0 |
| 3 | 93 | MUZANG EMANUEL | ROBA | 1.33 | +0.0 |
| 4 | 99 | GEENS ELVIS | 81 GOOR | 1.17 | +0.0 |
| 5 | 95 | LELIAERT FREDERIK | 76 SKAR | 1.12 | +0.0 |
| 6 | 57 | DE DECKER TOM | 81 VOSJ | 0.84 | +0.0 |
| 7 | 60 | DE BECKER DAAN | 98 LYRA | 0.68 | +0.0 |
| 8 | 97 | TALLON ASHIN | 72 SKAR | 0.67 | +0.0 |
| 9 | 170 | VERACHTERT JOHNNY | 70 LOOI | 0.42 | +0.0 |

100 meter AC V Time :12:32

Heat:1 Wind : 0.0

| | | | | |
|---|-----|---------------------|---------|-------|
| 1 | 160 | SNEYERS ANKE | 1 LOOI | 14.77 |
| 2 | 90 | CAMBRE PRISCILLA | 88 ROBA | 16.68 |
| 3 | 117 | ADRIAANSENS KIM | 2 AVSC | 17.42 |
| 4 | 118 | STAM ASHTON | 89 AVSC | 18.81 |
| 5 | 34 | DE VOGELAERE CARINE | 68 VOSJ | 25.39 |

100 meter AC V Time :12:32

Heat:2 Wind : 0.0

| | | | | |
|---|----|-------------------|---------|-------|
| 1 | 28 | VERHOEVEN LOTTE | 3 WAAL | 17.58 |
| 2 | 36 | VANDERVEKEN ESMEE | 97 VOSJ | 17.62 |
| 3 | 40 | DOUMONT TAMARA | 76 VOSJ | 18.11 |

| | | | |
|---|---------------------|---------|-------|
| 4 | 162 LINGER NEGESTY | LOOI | 18.85 |
| 5 | 141 CALLENS ANCY | SOMI | 20.77 |
| 6 | 169 CUYPERS MARLEEN | 69 LOOI | 26.59 |

100 meter AC V Time :12:32

Heat:3 Wind : 0.0

| | | | |
|---|-----------------------|---------|-------|
| 1 | 143 LANOO INGE | SOMI | 17.38 |
| 2 | 5 PELS SHAWNEE | 91 EIGE | 18.92 |
| 3 | 85 AESSELOOS ELISE | 99 ROBA | 19.76 |
| 4 | 38 VAN MULDER'S PETRA | 80 VOSJ | 20.40 |
| 5 | 154 ROSENDAAL FEMKE | 2 SPAR | 21.07 |
| 6 | 168 WOUTERS LIESBETH | 84 LOOI | 27.80 |

100 meter AC V Time :12:32

Heat:4 Wind : 0.0

| | | | |
|---|-----------------------|---------|-------|
| 1 | 156 BAARS NIENKE | 8 SPAR | 17.94 |
| 2 | 94 DEVROYE MARIEKE | 0 ROBA | 18.55 |
| 3 | 35 CATOOR ELINE | 92 VOSJ | 21.27 |
| 4 | 155 VELDHUIZE N PETRA | 84 SPAR | 21.32 |
| 5 | 153 DIKKENBERG VERA | 85 SPAR | 21.34 |
| 6 | 163 DE VOS DORIEN | 2 LOOI | 22.02 |
| | 145 SAELENS GHISLAINE | 65 SOMI | DNS |

100 meter AC V Time :12:32

Heat:5 Wind : 0.0

| | | | |
|---|-------------------------|---------|-------|
| 1 | 185 VAN HELFTEREN IMKE | 89 ATIL | 16.54 |
| 2 | 103 VAN LOOVEREN ROOSJE | 93 GOOR | 23.84 |
| 3 | 101 MERTENS ANNELIES | 84 GOOR | 26.46 |
| 4 | 29 PEETERS NADINE | 70 AVZK | 29.48 |
| 5 | 102 VAN AELST GERDA | 63 GOOR | 30.44 |
| 6 | 37 STEVENS MARIE LOUISE | 51 VOSJ | 34.02 |

100 meter AC V Time :12:32

Heat:6 Wind : 0.0

| | | | |
|---|---------------------|---------|-------|
| 1 | 80 HERREMANS JADZIA | 3 LYRA | 15.76 |
| 2 | 82 LOOS ENA | 95 LYRA | 20.11 |
| 3 | 77 FOLLENS SANNE | 89 LYRA | 22.45 |
| 4 | 79 GEYSELAERS NELE | 86 LYRA | 23.41 |

SOFTBAL AC Men GROEP 2 Time :11:29

Heat:1

| | | | |
|----|----------------------------|---------|-------|
| 1 | 174 SCHOOLTINK NIELS | SEVE | 37.00 |
| 2 | 91 GRYPONPON BRAM | 94 ROBA | 34.49 |
| 3 | 177 BUKKENS NOAM | 95 SEVE | 32.75 |
| 4 | 179 VLEMINGS BAS | 98 SEVE | 20.48 |
| 5 | 69 VAN EYNDE DAAN | 83 LYRA | 19.51 |
| 6 | 70 VERBRUGGEN HANNES | 0 LYRA | 17.56 |
| 7 | 93 MUZANG EMANUEL | ROBA | 15.28 |
| 8 | 178 STAAL GERATRD | 89 SEVE | 13.44 |
| 9 | 66 SOMERS JARO | LYRA | 12.93 |
| 10 | 65 MICHIELSSEN JEFF | 8 LYRA | 11.63 |
| 11 | 172 CORNET JEFFREY | 79 SEVE | 11.17 |
| 12 | 175 VAN RAVENSTEIJN ENRICO | 95 SEVE | 9.91 |
| 13 | 61 DE KEERSMACKER JEROEN | 2 LYRA | 9.59 |
| 14 | 63 FIEUWS QUINTEN | 1 LYRA | 9.47 |
| 15 | 173 KLESSENS TIM | 92 SEVE | 9.18 |

| | | | |
|----|-------------------|---------|------|
| 16 | 60 DE BECKER DAAN | 98 LYRA | 6.29 |
| | 62 DIGNEFFE ARNE | 2 LYRA | NM |

kogelstoten 4 KG AC Men GROEP 4 Time :11:12
Heat:1

| | | | |
|----|-------------------------|---------|------|
| 1 | 55 VAN MONTAGU PATRICK | 90 VOSJ | 7.85 |
| 2 | 56 DIERICKX RUDY | 67 VOSJ | 7.36 |
| 3 | 51 CLERENS JOS | 63 VOSJ | 6.58 |
| 4 | 42 VANGINDERTAELEN ANDY | 78 VOSJ | 6.54 |
| 5 | 20 VANDERWAEREN DANNY | 71 TIEN | 6.53 |
| 6 | 50 DESQUAY JONAS | 93 VOSJ | 6.37 |
| 7 | 48 VAN HEES JAQUES | 61 VOSJ | 6.33 |
| 8 | 19 SEGERS DANNY | 64 TIEN | 5.59 |
| 9 | 16 JEROME RAPHAEL | 85 TIEN | 4.62 |
| 10 | 18 NOEL MARC | 72 TIEN | 4.14 |
| | 191 DAEMEN ROB | LOOI | NM |

verspringen AC Men GROEP 1 STAND 1 Time :11:39
Heat:1

| | | | | |
|----|-------------------------|---------|------|------|
| 1 | 31 VAN PELT JUAN | 94 AVZK | 4.27 | +0.0 |
| 2 | 13 DE LAAT MARTIJN | 90 AVGM | 4.07 | +0.0 |
| 3 | 124 DE VOGHT DARGHAN | 2 ACHL | 3.99 | +0.0 |
| 4 | 181 VAN IERLAND DENNIS | 92 ATIL | 3.38 | +0.0 |
| 5 | 186 VAN DE HOEK VAUGH | 86 ATIL | 3.13 | +0.0 |
| 6 | 9 BEERENS HASSAN | 87 EIGE | 2.90 | +0.0 |
| 7 | 30 BEULENS WESLEY | 85 AVZK | 2.71 | +0.0 |
| 8 | 122 VAN DER PLAS WESLEY | 90 AVSC | 2.66 | +0.0 |
| 9 | 4 RAYMAEKERS LUDWIG | 76 EIGE | 2.59 | +0.0 |
| 10 | 3 VERSCHOTEN WESLEY | EIGE | 2.38 | +0.0 |
| 11 | 120 HARLAAR RONNIE | 77 AVSC | 2.33 | +0.0 |
| 12 | 180 JOORE DAVID | 81 ATIL | 1.81 | +0.0 |
| 13 | 10 DEBELDER BART | 90 EIGE | 1.70 | +0.0 |
| 14 | 15 VAN KUYK MIKE | 89 AVGM | 1.70 | +0.0 |
| | 8 DELLO MONACO ANTONIO | 68 EIGE | NM | +0.0 |

verspringen AC Men GROEP 3 STAND 2 Time :11:35
Heat:1

| | | | | |
|----|-----------------------|---------|------|------|
| 1 | 167 VERBOVEN SASCHA | 97 LOOI | 4.69 | +0.0 |
| 2 | 23 DE JAGER TOBIAS | 89 WAAL | 4.60 | +0.0 |
| 3 | 151 VISSCHER DENNIS | 97 SPAR | 4.36 | +0.0 |
| 4 | 130 DIELEMANS STAN | 88 SPRI | 4.13 | +0.0 |
| 5 | 157 HULST BRYAN | 0 SPAR | 4.06 | +0.0 |
| 6 | 166 GORIS NICK | 0 LOOI | 3.83 | +0.0 |
| 7 | 146 DEN BROEDER ROBIN | 3 SPAR | 3.77 | +0.0 |
| 8 | 21 SLAATS DENNIS | 95 WAAL | 3.43 | +0.0 |
| 9 | 132 VAN LEEUWEN LARS | 1 SPRI | 3.41 | +0.0 |
| 10 | 164 FABRY JURGEN | 91 LOOI | 3.37 | +0.0 |
| 11 | 27 KOOLE DIMITRY | 4 WAAL | 3.29 | +0.0 |
| 12 | 147 GROEN SEM | 6 SPAR | 3.17 | +0.0 |
| 13 | 191 DAEMEN ROB | LOOI | 2.88 | +0.0 |
| 14 | 171 KNUYT PATRICK | 74 LOOI | 2.75 | +0.0 |
| 15 | 131 TIGGELMAN RONNIE | 87 SPRI | 2.69 | +0.0 |

100 meter AC Men Time :12:23
Heat:1 Wind : 0.0

| | | | |
|---|------------------|---------|-------|
| 1 | 92 GRYMOPON WARD | 98 ROBA | 13.15 |
|---|------------------|---------|-------|

| | | | | | |
|---|-----|--------------------------|----|------|-------|
| 2 | 41 | GARMENDIA ANDY | 92 | VOSJ | 13.40 |
| 3 | 167 | VERBOVEN SASCHA | 97 | LOOI | 13.48 |
| 4 | 86 | VAN CAUWENBERGH VALERIAN | 98 | ROBA | 13.62 |
| 5 | 72 | VERRET JONI | 98 | LYRA | 13.68 |
| 6 | 151 | VISSCHER DENNIS | 97 | SPAR | 13.80 |
| 7 | 31 | VAN PELT JUAN | 94 | AVZK | 13.96 |
| 8 | 59 | CASTEELS BART | 82 | LYRA | 14.00 |

100 meter AC Men Time :12:23

Heat:2 Wind : 0.7

| | | | | | |
|---|-----|----------------------|------|-------|-------|
| 1 | 1 | CAMBRE SAM | EIGE | 13.81 | |
| 2 | 146 | DEN BROEDER ROBIN | 3 | SPAR | 13.93 |
| 3 | 64 | JOOSTENS NICK | 95 | LYRA | 13.97 |
| 4 | 23 | DE JAGER TOBIAS | 89 | WAAL | 14.59 |
| 5 | 22 | VAN RAVENSTEIN LARS | 94 | WAAL | 15.07 |
| 6 | 157 | HULST BRYAN | 0 | SPAR | 15.63 |
| 7 | 121 | VAN DER MOST RICHARD | 89 | AVSC | 16.32 |

100 meter AC Men Time :12:23

Heat:3 Wind : 0.4

| | | | | | |
|---|-----|--------------------|----|------|-------|
| 1 | 44 | DESCHUIYTTTER BERT | 94 | VOSJ | 14.59 |
| 2 | 13 | DE LAAT MARTIJN | 90 | AVGM | 14.79 |
| 3 | 166 | GORIS NICK | 0 | LOOI | 15.07 |
| 4 | 69 | VAN EYNDE DAAN | 83 | LYRA | 15.24 |
| 5 | 132 | VAN LEEUWEN LARS | 1 | SPRI | 15.74 |
| 6 | 26 | STANDAERT RICK | 97 | WAAL | 16.70 |

100 meter AC Men Time :12:23

Heat:4 Wind : 0.9

| | | | | | |
|---|-----|---------------------|----|------|-------|
| 1 | 189 | RYKAERT MAIKEL | 96 | AVT | 14.52 |
| 2 | 55 | VAN MONTAGU PATRICK | 90 | VOSJ | 16.04 |
| 3 | 47 | DE DONCKER FRIED | 79 | VOSJ | 16.18 |
| 4 | 14 | VANDEHEUVEL SJOERD | 81 | AVGM | 16.31 |
| 5 | 9 | BEERENS HASSAN | 87 | EIGE | 17.14 |
| 6 | 114 | VAN LOOVEREN KOEN | 88 | JUNI | 17.21 |
| 7 | 25 | LAROS MAURICE | 94 | WAAL | 17.31 |
| 8 | 50 | DESQUAY JONAS | 93 | VOSJ | 17.33 |

100 meter AC Men Time :12:23

Heat:5 Wind : 1.3

| | | | | | |
|---|-----|-----------------------|----|------|-------|
| 1 | 52 | VAN IMPE JOZEF | 98 | VOSJ | 14.63 |
| 2 | 61 | DE KEERSMACKER JEROEN | 2 | LYRA | 15.87 |
| 3 | 122 | VAN DER PLAS WESLEY | 90 | AVSC | 15.91 |
| 4 | 164 | FABRY JURGEN | 91 | LOOI | 16.02 |
| 5 | 58 | PEETERS TOM | 92 | VOSJ | 16.53 |
| 6 | 119 | BAAN MARIJN | 0 | AVSC | 16.54 |
| 7 | 131 | TIGGELMAN RONNIE | 87 | SPRI | 17.39 |
| 8 | 120 | HARLAAR RONNIE | 77 | AVSC | 17.77 |

100 meter AC Men Time :12:23

Heat:6 Wind : -1.2

| | | | | | |
|---|-----|-----------------|------|-------|-------|
| 1 | 27 | KOOLE DIMITRY | 4 | WAAL | 16.35 |
| 2 | 43 | BOONSTOPPEL BAS | 72 | VOSJ | 17.65 |
| 3 | 171 | KNUYT PATRICK | 74 | LOOI | 18.58 |
| 4 | 93 | MUZANG EMANUEL | ROBA | 19.68 | |
| 5 | 107 | DE WITTE DAVID | 80 | JUNI | 21.95 |

100 meter AC Men Time :12:23

Heat:7 Wind : 1.4

| | | | |
|---|-----------------------|---------|-------|
| 1 | 98 BOEREN LUC | 78 GOOR | 16.36 |
| 2 | 84 PASTEELS PAUL | 86 ROBA | 17.00 |
| 3 | 138 SAELENS LUC | 58 SOMI | 17.94 |
| 4 | 99 GEENS ELVIS | 81 GOOR | 19.07 |
| 5 | 20 VANDERWAEREN DANNY | 71 TIEN | 20.08 |
| 6 | 54 DUQUENNE PASCAL | 70 VOSJ | 21.00 |
| 7 | 48 VAN HEES JAQUES | 61 VOSJ | 21.50 |

100 meter AC Men Time :12:23

Heat:8 Wind : 0.4

| | | | |
|---|---------------------|---------|-------|
| 1 | 4 RAYMAEKERS LUDWIG | 76 EIGE | 18.01 |
| 2 | 51 CLERENS JOS | 63 VOSJ | 18.32 |
| 3 | 30 BEULENS WESLEY | 85 AVZK | 18.42 |
| 4 | 115 BAKI YOKUS | 91 JUNI | 21.67 |
| 5 | 110 VAN ACKER WIM | 79 JUNI | 28.51 |
| 6 | 152 STOLK BEN | 81 SPAR | 37.06 |

100 meter AC Men Time :12:23

Heat:9 Wind : 1.2

| | | | |
|---|----------------------|---------|-------|
| 1 | 3 VERSCHOTEN WESLEY | EIGE | 17.09 |
| 2 | 19 SEGERS DANNY | 64 TIEN | 17.23 |
| 3 | 150 ROSENDAAL WILCO | 4 SPAR | 18.83 |
| 4 | 18 NOEL MARC | 72 TIEN | 19.31 |
| 5 | 149 ROBBEMOND XANDER | 0 SPAR | 19.41 |
| 6 | 49 WEETS JIMMY | 93 VOSJ | 20.69 |
| 7 | 16 JEROME RAPHAEL | 85 TIEN | 21.05 |

100 meter AC Men Time :12:23

Heat:10 Wind : 1.7

| | | | |
|---|-----------------------|---------|-------|
| 1 | 147 GROEN SEM | 6 SPAR | 19.08 |
| 2 | 139 VAN LANCKER DRIES | 88 SOMI | 20.91 |
| 3 | 116 VAN BERLO KRISTOF | 86 JUNI | 24.18 |
| 4 | 148 DE KORTE DANNY | 4 SPAR | 25.30 |
| 5 | 104 VAN OPSTAL GERT | 68 GOOR | 26.08 |

100 meter AC Men Time :12:23

Heat:11 Wind : 1.7

| | | | |
|---|-------------------------|---------|-------|
| 1 | 66 SOMERS JARO | LYRA | 18.93 |
| 2 | 65 MICHIELSSEN JEFF | 8 LYRA | 21.53 |
| 3 | 111 VERHOEVEN CHRISTOPH | 91 JUNI | 24.79 |
| 4 | 112 VERMEIREN NICOLA | 92 JUNI | 25.81 |
| 5 | 60 DE BECKER DAAN | 98 LYRA | 26.78 |
| 6 | 113 MICHIELS BEN | 82 JUNI | 32.54 |
| 7 | 8 DELLO MONACO ANTONIO | 68 EIGE | 44.60 |

100 meter AC Men Time :12:23

Heat:12 Wind : 1.1

| | | | |
|---|------------------------|---------|-------|
| 1 | 181 VAN IERLAND DENNIS | 92 ATIL | 15.95 |
| 2 | 178 STAAL GERATRD | 89 SEVE | 16.10 |
| 3 | 158 JASPERS JEROEN | 87 SPAR | 35.37 |
| 4 | 15 VAN KUYK MIKE | 89 AVGM | 35.83 |
| 5 | 188 VOERMANS LUCAS | SPRI | 37.32 |
| 6 | 180 JOORE DAVID | 81 ATIL | 45.89 |

| | | |
|------------------|---------|-----|
| 53 DRE PASCAL | 60 VOSJ | DNS |
| 57 DE DECKER TOM | 81 VOSJ | DNS |

100 meter AC Men Time :12:23

Heat:13 Wind : -0.3

| | | |
|--------------------------|------------|-------|
| 1 182 STEIN ROBINSON | 95 ATIL | 14.29 |
| 2 186 VAN DE HOEK VAUGH | 86 ATIL | 15.36 |
| 3 184 KAYMAN BURAK | 88 ATIL | 15.75 |
| 4 183 KRUITWAGEN DIMITRI | 89 ATIL | 16.71 |
| 5 191 DAEMEN ROB | LOOI 16.85 | |
| 6 193 YOUNES KHLALE | VOSJ 18.86 | |
| 7 170 VERACHTERT JOHNNY | 70 LOOI | 51.89 |
| 8 106 BORGHS DAVY | 67 JUNI | 54.26 |

SOFTBAL AC V GROEP 1 Time :11:54

Heat:1

| | | |
|---------------------------|---------|-------|
| 1 80 HERREMANS JADZIA | 3 LYRA | 20.38 |
| 2 73 CEULEMANS ELIESE | 2 LYRA | 15.03 |
| 3 81 KNIGHT JANNE | 98 LYRA | 13.72 |
| 4 78 GIJSBRECHTS HILKE | 83 LYRA | 10.15 |
| 5 82 LOOS ENA | 95 LYRA | 9.36 |
| 6 103 VAN LOOVEREN ROOSJE | 93 GOOR | 8.83 |
| 7 168 WOUTERS LIESBETH | 84 LOOI | 8.73 |
| 8 101 MERTENS ANNELIES | 84 GOOR | 8.35 |
| 9 79 GEYSELAERS NELE | 86 LYRA | 7.87 |
| 10 169 CUYPERS MARLEEN | 69 LOOI | 7.66 |
| 11 29 PEETERS NADINE | 70 AVZK | 7.32 |
| 12 102 VAN AELST GERDA | 63 GOOR | 7.26 |
| 13 76 DIGNEFFE INE | 99 LYRA | 6.70 |
| 14 74 CHAUVAUX JOKE | 94 LYRA | 3.50 |

kogelstoten AC V GROEP 2 Time :11:44

Heat:1

| | | | |
|-------------------------|-----------|------|------|
| 1 154 ROSENDAAL FEMKE | 2 SPAR | 5.44 | 3 KG |
| 2 129 SWEEP LIEKE | 95 SPRI | 5.40 | 4 KG |
| 3 133 LAMBREGTS SIRA | 90 SPRI | 5.17 | 4 KG |
| 4 187 GERAERTS MIMKE | SPRI 4.90 | | 4 KG |
| 5 85 AESSELOOS ELISE | 99 ROBA | 4.89 | 3 KG |
| 6 155 VELDHUIZE N PETRA | 84 SPAR | 4.58 | 4 KG |
| 7 90 CAMBRE PRISCILLA | 88 ROBA | 4.38 | 3 KG |
| 8 128 DROETZ INEZ | 5 SPRI | 4.25 | 3 KG |
| 9 153 DIKKENBERG VERA | 85 SPAR | 3.76 | 4 KG |

SOFTBAL AC V GROEP 2 Time :12:14

Heat:1

| | | |
|----------------------------|------------|-------|
| 1 141 CALLENS ANCY | SOMI 16.57 | |
| 2 28 VERHOEVEN LOTTE | 3 WAAL | 15.40 |
| 3 187 GERAERTS MIMKE | SPRI 12.78 | |
| 4 153 DIKKENBERG VERA | 85 SPAR | 12.23 |
| 5 40 DOUMONT TAMARA | 76 VOSJ | 12.04 |
| 6 156 BAARS NIENKE | 8 SPAR | 11.24 |
| 7 94 DEVROYE MARIEKE | 0 ROBA | 9.02 |
| 8 35 CATOOR ELINE | 92 VOSJ | 8.50 |
| 9 145 SAELENS GHISLAINE | 65 SOMI | 8.03 |
| 10 37 STEVENS MARIE LOUISE | 51 VOSJ | 6.88 |
| 11 34 DE VOGELAERE CARINE | 68 VOSJ | 4.37 |

kogelstoten AC V GROEP 1 Time :11:55

Heat:1

| | | | | |
|---|----------------------|---------|------|------|
| 1 | 12 VERDONK MARIANNE | 86 AVGM | 7.09 | 4 KG |
| 2 | 77 FOLLENS SANNE | 89 LYRA | 4.93 | 3 KG |
| 3 | 6 BEYNAERT ISABELLE | 87 EIGE | 4.79 | 4 KG |
| 4 | 78 GIJSBRECHTS HILKE | 83 LYRA | 3.40 | 3 KG |

verspringen ZONDER AANLOOP AC V STAND 2 Time :12:19

Heat:1

| | | | | |
|---|-------------------------|---------|------|------|
| 1 | 103 VAN LOOVEREN ROOSJE | 93 GOOR | 1.42 | +0.0 |
| 2 | 37 STEVENS MARIE LOUISE | 51 VOSJ | 1.03 | +0.0 |
| 3 | 101 MERTENS ANNELIES | 84 GOOR | 1.02 | +0.0 |
| 4 | 78 GIJSBRECHTS HILKE | 83 LYRA | 1.00 | +0.0 |
| 5 | 74 CHAUVAUX JOKE | 94 LYRA | 0.90 | +0.0 |
| 6 | 34 DE VOGELAERE CARINE | 68 VOSJ | 0.87 | +0.0 |
| 7 | 29 PEETERS NADINE | 70 AVZK | 0.82 | +0.0 |
| 8 | 102 VAN AELST GERDA | 63 GOOR | 0.67 | +0.0 |

4 x 100 meter AC Vr + AC Men Time :13:55

Heat:1

| | | | |
|---|-----------------------------|------|-------|
| 1 | | ROBA | 57.10 |
| | 83 VAN CAMP SIMEN | 1 | |
| | 86 VAN CAUWENBERGH VALERIAN | 98 | |
| | 92 GRYMONPON WARD | 98 | |
| | 91 GRYMONPON BRAM | 94 | |
| 2 | | LYRA | 58.12 |
| | 70 VERBRUGGEN HANNES | 0 | |
| | 59 CASTEELS BART | 82 | |
| | 72 VERRET JONI | 98 | |
| | 71 VERRET JENS | 96 | |
| 3 | | WAAL | 63.33 |
| | 23 DE JAGER TOBIAS | 89 | |
| | 22 VAN RAVENSTEIN LARS | 94 | |
| | 26 STANDAERT RICK | 97 | |
| | 21 SLAATS DENNIS | 95 | |
| 4 | | LYRA | 64.66 |
| | 69 VAN EYNDE DAAN | 83 | |
| | 68 VAN DEN BULCK BERT | 92 | |
| | 62 DIGNEFFE ARNE | 2 | |
| | 64 JOOSTENS NICK | 95 | |
| 5 | | VOSJ | 70.42 |
| | 58 PEETERS TOM | 92 | |
| | 38 VAN MULDER PETRA | 80 | |
| | 52 VAN IMPE JOZEF | 98 | |
| | 44 DESCHUYTTER BERT | 94 | |
| 6 | | EIGE | 73.35 |
| | 2 EECKHOUT SARAH | | |
| | 10 DEBELDER BART | 90 | |
| | 4 RAYMAEKERS LUDWIG | 76 | |
| | 5 PELS SHAWNEE | 91 | |
| 7 | | TIEN | 91.12 |
| | 16 JEROME RAPHAEL | 85 | |
| | 18 NOEL MARC | 72 | |
| | 20 VANDERWAEREN DANNY | 71 | |
| | 19 SEGERS DANNY | 64 | |

4 x 100 meter AC Vr + AC Men Time :13:55

Heat:2

| | | | |
|---|--------------------------|---------|-------|
| 1 | | GEMENGE | 69.90 |
| | 28 VERHOEVEN LOTTE | 3 WAAL | |
| | 27 KOOLE DIMITRY | 4 WAAL | |
| | 84 PASTEELS PAUL | 86 ROBA | |
| | 25 LAROS MAURICE | 94 WAAL | |
| 2 | | ROBA | 70.17 |
| | 94 DEVROYE MARIEKE | 0 | |
| | 90 CAMBRE PRISCILLA | 88 | |
| | 85 AESSELOOS ELISE | 99 | |
| | 89 KERKHOF PETRA | 82 | |
| 3 | | AVSC | 70.54 |
| | 117 ADRIAANSENS KIM | 2 | |
| | 118 STAM ASHTON | 89 | |
| | 120 HARLAAR RONNIE | 77 | |
| | 122 VAN DER PLAS WESLEY | 90 | |
| 4 | | SOMI | 78.31 |
| | 137 HUBRECHT KOEN | 68 | |
| | 141 CALLENS ANCY | 0 | |
| | 143 LANOO INGE | 0 | |
| | 138 SAELENS LUC | 58 | |
| 5 | | SPRI | 79.79 |
| | 133 LAMBREGTS SIRA | 90 | |
| | 128 DROETZ INEZ | 5 | |
| | 129 SWEEP LIEKE | 95 | |
| | 187 GERAERTS MIMKE | 0 | |
| 6 | | AVGM | 83.50 |
| | 12 VERDONK MARIANNE | 86 | |
| | 13 DE LAAT MARTIJN | 90 | |
| | 14 VANDEHEUVEL SJOERD | 81 | |
| | 15 VAN KUYK MIKE | 89 | |
| 7 | | LYRA | 86.90 |
| | 60 DE BECKER DAAN | 98 | |
| | 61 DE KEERSMACKER JEROEN | 2 | |
| | 63 FIEUWS QUINTEN | 1 | |
| | 65 MICHIELSSEN JEFF | 8 | |

4 x 100 meter AC Vr + AC Men Time :13:55

Heat:3

| | | | |
|---|------------------------|------|-------|
| 1 | | ATIL | 65.38 |
| | 186 VAN DE HOEK VAUGH | 86 | |
| | 181 VAN IERLAND DENNIS | 92 | |
| | 185 VAN HELFTEREN IMKE | 89 | |
| | 184 KAYMAN BURAK | 88 | |
| 2 | | LOOI | 65.82 |
| | 167 VERBOVEN SASCHA | 97 | |
| | 164 FABRY JURGEN | 91 | |
| | 162 LINGER NEGESTY | 0 | |
| | 160 SNEYERS ANKE | 1 | |
| 3 | | LYRA | 75.83 |
| | 81 KNIGHT JANNE | 98 | |
| | 76 DIGNEFFE INE | 99 | |
| | 73 CEULEMANS ELIESE | 2 | |
| | 80 HERREMANS JADZIA | 3 | |

| | | | |
|---|-----------------------|------|---------|
| 4 | | AVZK | 88.89 |
| | 31 VAN PELT JUAN | 94 | |
| | 30 BEULENS WESLEY | 85 | |
| | 33 BUSSCHOTS RENE | 0 | |
| | 29 PEETERS NADINE | 70 | |
| 5 | | SOMI | 1:41.12 |
| | 145 SAELENS GHISLAINE | 65 | |
| | 134 DECOENE WIM | 78 | |
| | 139 VAN LANCKER DRIES | 88 | |
| | 190 FRERE MIA | 0 | |
| 6 | | SPAR | 1:51.37 |
| | 149 ROBBEMOND XANDER | 0 | |
| | 152 STOLK BEN | 81 | |
| | 147 GROEN SEM | 6 | |
| | 148 DE KORTE DANNY | 4 | |

4 x 100 meter AC Vr + AC Men Time :13:55

Heat:4

| | | | |
|---|------------------------|------|-------|
| 1 | | SPAR | 62.02 |
| | 150 ROSENDAAL WILCO | 4 | |
| | 157 HULST BRYAN | 0 | |
| | 146 DEN BROEDER ROBIN | 3 | |
| | 151 VISSCHER DENNIS | 97 | |
| 2 | | VOSJ | 63.13 |
| | 47 DE DONCKER FRIED | 79 | |
| | 45 VAN CAMP DAVE | 82 | |
| | 36 VANDERVEKEN ESMEE | 97 | |
| | 41 GARMENDIA ANDY | 92 | |
| 3 | | EIGE | 77.77 |
| | 9 BEERENS HASSAN | 87 | |
| | 8 DELLO MONACO ANTONIO | 68 | |
| | 3 VERSCHOTEN WESLEY | 0 | |
| | 7 DEFOORDT TAMARA | 90 | |
| 4 | | SPAR | 84.54 |
| | 153 DIKKENBERG VERA | 85 | |
| | 155 VELDHUIZE N PETRA | 84 | |
| | 154 ROSENDAAL FEMKE | 2 | |
| | 156 BAARS NIENKE | 8 | |
| 5 | | SPRI | 89.12 |
| | 130 DIELEMANS STAN | 88 | |
| | 132 VAN LEEUWEN LARS | 1 | |
| | 131 TIGGELMAN RONNIE | 87 | |
| | 188 VOERMANS LUCAS | 0 | |
| 6 | | LYRA | 96.73 |
| | 77 FOLLENS SANNE | 89 | |
| | 79 GEYSELAERS NELE | 86 | |
| | 74 CHAUVAUX JOKE | 94 | |
| | 82 LOOS ENA | 95 | |

SOFTBAL AC Men GROEP 1 Time :14:10

Heat:1

| | | | |
|---|-----------------------|---------|-------|
| 1 | 112 VERMEIREN NICOLA | 92 JUNI | 16.90 |
| 2 | 107 DE WITTE DAVID | 80 JUNI | 15.73 |
| 3 | 110 VAN ACKER WIM | 79 JUNI | 14.69 |
| 4 | 115 BAKI YOKUS | 91 JUNI | 14.52 |
| 5 | 116 VAN BERLO KRISTOF | 86 JUNI | 14.15 |

| | | | | | |
|----|-----|---------------------|----|------|-------|
| 6 | 114 | VAN LOOVEREN KOEN | 88 | JUNI | 13.87 |
| 7 | 113 | MICHIELS BEN | 82 | JUNI | 11.16 |
| 8 | 15 | VAN KUYK MIKE | 89 | AVGM | 9.35 |
| 9 | 111 | VERHOEVEN CHRISTOPH | 91 | JUNI | 9.03 |
| 10 | 106 | BORGHS DAVY | 67 | JUNI | 5.97 |

kogelstoten AC Men GROEP 3 Time :14:20
Heat:1

| | | | | | | |
|----|-----|---------------------|----|------|------|---------|
| 1 | 150 | ROSENDAAL WILCO | 4 | SPAR | 8.60 | 4 KG |
| 2 | 130 | DIELEMANS STAN | 88 | SPRI | 7.79 | 7.26 KG |
| 3 | 138 | SAELENS LUC | 58 | SOMI | 6.95 | 4 KG |
| 4 | 22 | VAN RAVENSTEIN LARS | 94 | WAAL | 6.36 | 6 KG |
| 5 | 27 | KOOLE DIMITRY | 4 | WAAL | 6.23 | 3 KG |
| 6 | 139 | VAN LANCKER DRIES | 88 | SOMI | 5.83 | 3 KG |
| 7 | 25 | LAROS MAURICE | 94 | WAAL | 5.79 | 6 KG |
| 8 | 149 | ROBBEMOND XANDER | 0 | SPAR | 5.36 | 5 KG |
| 9 | 26 | STANDAERT RICK | 97 | WAAL | 5.22 | 5 KG |
| 10 | 134 | DECOENE WIM | 78 | SOMI | 5.15 | 4 KG |
| 11 | 158 | JASPERS JEROEN | 87 | SPAR | 4.21 | 3 KG |
| 12 | 152 | STOLK BEN | 81 | SPAR | 2.85 | 7.26 KG |
| 13 | 148 | DE KORTE DANNY | 4 | SPAR | 1.96 | 3 KG |

verspringen AC Men GROEP 2 STAND 1 Time :14:26
Heat:1

| | | | | | | |
|----|-----|-----------------------|------|------|------|------|
| 1 | 92 | GRYMONPON WARD | 98 | ROBA | 4.64 | +0.0 |
| 2 | 59 | CASTEELS BART | 82 | LYRA | 4.55 | +0.0 |
| 3 | 64 | JOOSTENS NICK | 95 | LYRA | 4.40 | +0.0 |
| 4 | 91 | GRYMONPON BRAM | 94 | ROBA | 4.04 | +0.0 |
| 5 | 72 | VERRET JONI | 98 | LYRA | 3.90 | +0.0 |
| 6 | 70 | VERBRUGGEN HANNES | 0 | LYRA | 3.53 | +0.0 |
| 7 | 69 | VAN EYNDE DAAN | 83 | LYRA | 3.23 | +0.0 |
| 8 | 71 | VERRET JENS | 96 | LYRA | 3.20 | +0.0 |
| 9 | 68 | VAN DEN BULCK BERT | 92 | LYRA | 2.97 | +0.0 |
| 10 | 66 | SOMERS JARO | LYRA | 2.94 | +0.0 | |
| 11 | 83 | VAN CAMP SIMEN | 1 | ROBA | 2.76 | +0.0 |
| 12 | 61 | DE KEERSMACKER JEROEN | 2 | LYRA | 2.70 | +0.0 |
| 13 | 65 | MICHIELSSSEN JEFF | 8 | LYRA | 2.20 | +0.0 |
| 14 | 179 | VLEMINGS BAS | 98 | SEVE | 2.11 | +0.0 |
| 15 | 172 | CORNET JEFFREY | 79 | SEVE | 1.75 | +0.0 |
| 16 | 173 | KLESSENS TIM | 92 | SEVE | 1.50 | +0.0 |
| 17 | 60 | DE BECKER DAAN | 98 | LYRA | 1.04 | +0.0 |

verspringen AC V GROEP 1 STAND 2 Time :14:29
Heat:1

| | | | | | | |
|----|-----|--------------------|------|------|------|------|
| 1 | 12 | VERDONK MARIANNE | 86 | AVGM | 3.87 | +0.0 |
| 2 | 160 | SNEYERS ANKE | 1 | LOOI | 3.18 | +0.0 |
| 3 | 185 | VAN HELFTEREN IMKE | 89 | ATIL | 2.94 | +0.0 |
| 4 | 117 | ADRIAANSSENS KIM | 2 | AVSC | 2.94 | +0.0 |
| 5 | 80 | HERREMANS JADZIA | 3 | LYRA | 2.79 | +0.0 |
| 6 | 81 | KNIGHT JANNE | 98 | LYRA | 2.45 | +0.0 |
| 7 | 162 | LINGER NEGESTY | LOOI | 2.43 | +0.0 | |
| 8 | 163 | DE VOS DORIEN | 2 | LOOI | 2.30 | +0.0 |
| 9 | 73 | CEULEMANS ELIESE | 2 | LYRA | 2.28 | +0.0 |
| 10 | 118 | STAM ASHTON | 89 | AVSC | 2.15 | +0.0 |
| 11 | 7 | DEFOORDT TAMARA | 90 | EIGE | 2.10 | +0.0 |
| 12 | 77 | FOLLENS SANNE | 89 | LYRA | 1.30 | +0.0 |

| | | | |
|--------------------|---------|----|------|
| 79 GEYSELAERS NELE | 86 LYRA | NM | +0.0 |
| 76 DIGNEFFE INE | 99 LYRA | NM | +0.0 |

400 meter AC V Time :14:29
Heat:1

| | | |
|-----------------------|---------|---------|
| 1 160 SNEYERS ANKE | 1 LOOI | 76.74 |
| 2 90 CAMBRE PRISCILLA | 88 ROBA | 87.65 |
| 3 81 KNIGHT JANNE | 98 LYRA | 97.87 |
| 4 28 VERHOEVEN LOTTE | 3 WAAL | 98.66 |
| 5 118 STAM ASHTON | 89 AVSC | 1:40.27 |
| 6 133 LAMBREGTS SIRA | 90 SPRI | 1:46.57 |

400 meter AC V Time :14:29
Heat:2

| | | |
|--------------------------|--------------|---------|
| 1 185 VAN HELFTEREN IMKE | 89 ATIL | 82.80 |
| 2 94 DEVROYE MARIEKE | 0 ROBA | 93.13 |
| 3 162 LINGER NEGESTY | LOOI 94.51 | |
| 4 143 LANOO INGE | SOMI 1:41.99 | |
| 5 85 AESSELOOS ELISE | 99 ROBA | 1:48.07 |
| 6 128 DROETZ INEZ | 5 SPRI | 1:50.04 |
| 7 155 VELDHUIZE N PETRA | 84 SPAR | 1:50.89 |

400 meter AC V Time :14:29
Heat:3

| | | |
|------------------------|--------------|---------|
| 1 5 PELS SHAWNEE | 91 EIGE | 95.04 |
| 2 117 ADRIAANSENS KIM | 2 AVSC | 99.86 |
| 3 2 EECKHOUT SARAH | EIGE 1:46.67 | |
| 4 163 DE VOS DORIEN | 2 LOOI | 2:05.21 |
| 5 141 CALLENS ANCY | SOMI 2:08.71 | |
| 6 168 WOUTERS LIESBETH | 84 LOOI | 2:12.27 |
| 7 7 DEFOORDT TAMARA | 90 EIGE | 2:13.50 |
| 8 169 CUYPERS MARLEEN | 69 LOOI | 2:17.70 |

SOFTBAL AC Men GROEP 3 Time :14:36
Heat:1

| | | |
|-------------------------|-----------|-------|
| 1 25 LAROS MAURICE | 94 WAAL | 28.18 |
| 2 26 STANDAERT RICK | 97 WAAL | 23.64 |
| 3 21 SLAATS DENNIS | 95 WAAL | 20.89 |
| 4 134 DECOENE WIM | 78 SOMI | 14.92 |
| 5 158 JASPERS JEROEN | 87 SPAR | 12.13 |
| 6 139 VAN LANCKER DRIES | 88 SOMI | 11.92 |
| 7 152 STOLK BEN | 81 SPAR | 11.49 |
| 8 148 DE KORTE DANNY | 4 SPAR | 8.65 |
| 9 170 VERACHTERT JOHNNY | 70 LOOI | 5.77 |
| 10 188 VOERMANS LUCAS | SPRI 3.63 | |
| 137 HUBRECHT KOEN | 68 SOMI | NM |

kogelstoten AC Men GROEP 2 Time :15:03
Heat:1

| | | | |
|------------------------|-----------|------|------|
| 1 179 VLEMINGS BAS | 98 SEVE | 8.61 | 3 KG |
| 2 64 JOOSTENS NICK | 95 LYRA | 7.81 | 4 KG |
| 3 59 CASTEELS BART | 82 LYRA | 7.77 | 4 KG |
| 4 72 VERRET JONI | 98 LYRA | 7.66 | 4 KG |
| 5 177 BUKKENS NOAM | 95 SEVE | 7.40 | 3 KG |
| 6 174 SCHOOLTINK NIELS | SEVE 6.93 | | 3 KG |
| 7 71 VERRET JENS | 96 LYRA | 6.10 | 4 KG |

| | | | | |
|----|-----------------------------|---------|------|----------|
| 8 | 70 VERBRUGGEN HANNES | 0 LYRA | 6.07 | 4 KG |
| 9 | 84 PASTEELS PAUL | 86 ROBA | 5.60 | 4 KG |
| 10 | 68 VAN DEN BULCK BERT | 92 LYRA | 5.38 | 4 KG |
| 11 | 87 LAUWERS MARIO | 65 ROBA | 4.84 | 5 KG |
| 12 | 178 STAAL GERATRD | 89 SEVE | 4.56 | 3 KG |
| 13 | 173 KLESSENS TIM | 92 SEVE | 4.04 | 3 KG |
| 14 | 175 VAN RAVENSTEIJN ENRICO | 95 SEVE | 3.49 | 3 KG |
| 15 | 172 CORNET JEFFREY | 79 SEVE | 3.12 | 3/4/3 KG |
| 16 | 86 VAN CAUWENBERGH VALERIAN | 98 ROBA | 2.67 | 4 KG |

verspringen AC Men GROEP 4 STAND 1 Time :15:09
Heat:1

| | | | | |
|----|------------------------|-----------|------|------|
| 1 | 52 VAN IMPE JOZEF | 98 VOSJ | 3.84 | +0.0 |
| 2 | 189 RYKAERT MAIKEL | 96 AVT | 3.68 | +0.0 |
| 3 | 41 GARMENDIA ANDY | 92 VOSJ | 3.50 | +0.0 |
| 4 | 55 VAN MONTAGU PATRICK | 90 VOSJ | 3.43 | +0.0 |
| 5 | 47 DE DONCKER FRIED | 79 VOSJ | 2.99 | +0.0 |
| 6 | 45 VAN CAMP DAVE | 82 VOSJ | 2.84 | +0.0 |
| 7 | 58 PEETERS TOM | 92 VOSJ | 2.81 | +0.0 |
| 8 | 50 DESQUAY JONAS | 93 VOSJ | 2.71 | +0.0 |
| 9 | 46 WENSELEERS ERIK | 82 VOSJ | 2.69 | +0.0 |
| 10 | 43 BOONSTOPPEL BAS | 72 VOSJ | 2.61 | +0.0 |
| 11 | 193 YOUNES KHLALE | VOSJ 2.59 | +0.0 | |
| 12 | 51 CLERENS JOS | 63 VOSJ | 2.44 | +0.0 |
| 13 | 44 DESCHUYTTER BERT | 94 VOSJ | 2.37 | +0.0 |
| 14 | 16 JEROME RAPHAEL | 85 TIEN | 2.26 | +0.0 |
| 15 | 54 DUQUENNE PASCAL | 70 VOSJ | 2.25 | +0.0 |
| 16 | 48 VAN HEES JAQUES | 61 VOSJ | 1.98 | +0.0 |
| 17 | 49 WEETS JIMMY | 93 VOSJ | 1.63 | +0.0 |

SOFTBAL AC Men GROEP 4 Time :15:17
Heat:1

| | | | |
|---|----------------------|------------|-------|
| 1 | 54 DUQUENNE PASCAL | 70 VOSJ | 20.33 |
| 2 | 95 LELIAERT FREDERIK | 76 SKAR | 19.37 |
| 3 | 43 BOONSTOPPEL BAS | 72 VOSJ | 19.27 |
| 4 | 98 BOEREN LUC | 78 GOOR | 18.45 |
| 5 | 104 VAN OPSTAL GERT | 68 GOOR | 17.19 |
| 6 | 193 YOUNES KHLALE | VOSJ 15.73 | |
| 7 | 99 GEENS ELVIS | 81 GOOR | 12.42 |
| 8 | 97 TALLON ASHIN | 72 SKAR | 8.63 |
| 9 | 57 DE DECKER TOM | 81 VOSJ | 8.16 |

kogelstoten AC Men GROEP 1 Time :16:13
Heat:1

| | | | | |
|----|-------------------------|---------|------|---------|
| 1 | 184 KAYMAN BURAK | 88 ATIL | 7.28 | 6 KG |
| 2 | 182 STEIN ROBINSON | 95 ATIL | 7.25 | 7.26 KG |
| 3 | 119 BAAN MARIJN | 0 AVSC | 6.28 | 5 KG |
| 4 | 107 DE WITTE DAVID | 80 JUNI | 5.67 | 3 KG |
| 5 | 115 BAKI YOKUS | 91 JUNI | 5.55 | 3 KG |
| 6 | 116 VAN BERLO KRISTOF | 86 JUNI | 5.40 | 3 KG |
| 7 | 183 KRUITWAGEN DIMITRI | 89 ATIL | 5.40 | 7.26 KG |
| 8 | 120 HARLAAR RONNIE | 77 AVSC | 5.17 | 7.26 KG |
| 9 | 30 BEULENS WESLEY | 85 AVZK | 4.79 | 4 KG |
| 10 | 114 VAN LOOVEREN KOEN | 88 JUNI | 4.78 | 3 KG |
| 11 | 122 VAN DER PLAS WESLEY | 90 AVSC | 4.41 | 7.26 KG |
| 12 | 112 VERMEIREN NICOLA | 92 JUNI | 4.28 | 3 KG |

| | | | | | |
|----|-------------------------|----|------|------|---------|
| 13 | 14 VANDEHEUVEL SJOERD | 81 | AVGM | 4.23 | 7.26 KG |
| 14 | 110 VAN ACKER WIM | 79 | JUNI | 3.82 | 3 KG |
| 15 | 113 MICHIELS BEN | 82 | JUNI | 3.53 | 3 KG |
| 16 | 111 VERHOEVEN CHRISTOPH | 91 | JUNI | 3.33 | 3 KG |

verspringen AC V GROEP 2 STAND 2 Time :15:12
Heat:1

| | | | | | |
|----|------------------------|------|------|------|------|
| 1 | 89 KERKHOF'S PETRA | 82 | ROBA | 3.54 | +0.0 |
| 2 | 129 SWEEP LIEKE | 95 | SPRI | 3.21 | +0.0 |
| 3 | 40 DOUMONT TAMARA | 76 | VOSJ | 2.90 | +0.0 |
| 4 | 143 LANOO INGE | SOMI | 2.84 | +0.0 | |
| 5 | 36 VANDERVEKEN ESMEE | 97 | VOSJ | 2.40 | +0.0 |
| 6 | 128 DROETZ INEZ | 5 | SPRI | 2.38 | +0.0 |
| 7 | 156 BAARS NIENKE | 8 | SPAR | 2.34 | +0.0 |
| 8 | 133 LAMBREGT'S SIRI | 90 | SPRI | 2.27 | +0.0 |
| 9 | 35 CATOOR ELINE | 92 | VOSJ | 2.26 | +0.0 |
| 10 | 141 CALLENS ANCY | SOMI | 2.24 | +0.0 | |
| 11 | 38 VAN MULDER'S PETRA | 80 | VOSJ | 2.14 | +0.0 |
| 12 | 187 GERAERT'S MIMKE | SPRI | 1.79 | +0.0 | |
| 13 | 154 ROSENDAAL FEMKE | 2 | SPAR | 1.74 | +0.0 |
| 14 | 145 SAELENS GHISLAINE | 65 | SOMI | 1.11 | +0.0 |
| | 185 VAN HELFTEREN IMKE | 89 | ATIL | NM | +0.0 |

5000 meter AC Vr + AC Men +SPONSORLOOP Time :15:27
Heat:1

| | | | | |
|---|-------------------------|----|------|----------|
| 1 | 125 BAKELANTS BRENT | 96 | ACHL | 19:00.52 |
| 2 | 161 VAN GENECHTEN JELLE | 93 | LOOI | 20:05.94 |
| 3 | 71 VERRET JENS | 96 | LYRA | 22:22.44 |
| 4 | 130 DIELEMANS STAN | 88 | SPRI | 23:14.29 |
| 5 | 17 VAN DE POEL JORIS | 85 | TIEN | 23:42.44 |
| 6 | 89 KERKHOF'S PETRA | 82 | ROBA | 23:48.95 |
| 7 | 137 HUBRECHT KOEN | 68 | SOMI | 25:47.61 |
| 8 | 129 SWEEP LIEKE | 95 | SPRI | 28:20.71 |
| 9 | 100 GOETSCHALKX RUDY | 70 | GOOR | 35:39.19 |

400 meter AC Men Time :15:57
Heat:1

| | | | | |
|---|-----------------------------|----|------|-------|
| 1 | 31 VAN PELT JUAN | 94 | AVZK | 62.32 |
| 2 | 92 GRYMONPON WARD | 98 | ROBA | 63.12 |
| 3 | 12 VERDONK MARIANNE | 86 | AVGM | 68.04 |
| 4 | 167 VERBOVEN SASCHA | 97 | LOOI | 69.85 |
| 5 | 146 DEN BROEDER ROBIN | 3 | SPAR | 70.08 |
| 6 | 125 BAKELANTS BRENT | 96 | ACHL | 73.78 |
| 7 | 86 VAN CAUWENBERGH VALERIAN | 98 | ROBA | 74.16 |
| 8 | 13 DE LAAT MARTIJN | 90 | AVGM | 75.94 |

400 meter AC Men Time :15:57
Heat:2

| | | | | |
|---|-----------------------|------|---------|-------|
| 1 | 124 DE VOGHT DARGHAN | 2 | ACHL | 71.83 |
| 2 | 45 VAN CAMP DAVE | 82 | VOSJ | 76.11 |
| 3 | 21 SLAATS DENNIS | 95 | WAAL | 77.10 |
| 4 | 119 BAAN MARIJN | 0 | AVSC | 81.70 |
| 5 | 68 VAN DEN BULCK BERT | 92 | LYRA | 83.27 |
| 6 | 14 VANDEHEUVEL SJOERD | 81 | AVGM | 87.91 |
| 7 | 188 VOERMANS LUCAS | SPRI | 1:53.70 | |

400 meter AC Men Time :15:57
Heat:3

| | | | |
|---|--------------------------|---------|-------|
| 1 | 62 DIGNEFFE ARNE | 2 LYRA | 75.19 |
| 2 | 166 GORIS NICK | 0 LOOI | 79.25 |
| 3 | 83 VAN CAMP SIMEN | 1 ROBA | 83.09 |
| 4 | 121 VAN DER MOST RICHARD | 89 AVSC | 83.61 |
| 5 | 56 DIERICKX RUDY | 67 VOSJ | 88.06 |
| 6 | 171 KNUYT PATRICK | 74 LOOI | 92.36 |
| 7 | 132 VAN LEEUWEN LARS | 1 SPRI | 95.78 |

400 meter AC Men Time :15:57
Heat:4

| | | | |
|---|----------------------|---------|---------|
| 1 | 1 CAMBRE SAM | EIGE | 69.59 |
| 2 | 164 FABRY JURGEN | 91 LOOI | 80.41 |
| 3 | 87 LAUWERS MARIO | 65 ROBA | 89.36 |
| 4 | 131 TIGGELMAN RONNIE | 87 SPRI | 93.04 |
| 5 | 46 WENSELEERS ERIK | 82 VOSJ | 93.58 |
| 6 | 149 ROBBEMOND XANDER | 0 SPAR | 1:45.08 |
| | 84 PASTEELS PAUL | 86 ROBA | DNF |

400 meter AC Men Time :15:57
Heat:5

| | | | |
|---|----------------------|---------|---------|
| 1 | 174 SCHOOLTINK NIELS | SEVE | 73.60 |
| 2 | 10 DEBELDER BART | 90 EIGE | 76.89 |
| 3 | 191 DAEMEN ROB | LOOI | 83.62 |
| 4 | 138 SAELENS LUC | 58 SOMI | 90.00 |
| 5 | 147 GROEN SEM | 6 SPAR | 96.81 |
| 6 | 150 ROSENDAAL WILCO | 4 SPAR | 1:57.11 |

400 meter AC Men Time :15:57
Heat:6

| | | | |
|---|----------------------------|---------|---------|
| 1 | 182 STEIN ROBINSON | 95 ATIL | 73.52 |
| 2 | 186 VAN DE HOEK VAUGH | 86 ATIL | 73.61 |
| 3 | 177 BUKKENS NOAM | 95 SEVE | 75.76 |
| 4 | 184 KAYMAN BURAK | 88 ATIL | 89.94 |
| 5 | 181 VAN IERLAND DENNIS | 92 ATIL | 95.29 |
| 6 | 180 JOORE DAVID | 81 ATIL | 1:44.34 |
| 7 | 175 VAN RAVENSTEIJN ENRICO | 95 SEVE | 2:03.29 |