

## 100 meter Cad V Time :19:25

Heat:1 Wind : -0.6

1	106 Bastiaansen Hanne	4 LOOI	13.55
2	164 Cuyvers Floor	4 VMOL	13.80
3	43 Verstrepen Marte	4 GENK	14.22
4	412 Schryvers Nette	3 ACHL	14.24
5	855 Jehoul Anna	4 BREE	14.39
6	744 Van Ouytsel Janne	4 ROBA	14.89

## 100 meter Cad V Time :19:25

Heat:2 Wind : 0.6

1	9982 MANGELSCHOTS ANKE	4 NA	13.87
2	9989 VAN VANLUYD MEI	4 NA	14.11
3	807 Picard Hanne	3 ACHL	14.42
4	154 Corbeels Roos	4 ROBA	14.44
5	1117 Van Reeth Roos	3 ACHL	15.13
6	1140 Eerdekenes Femke	3 LOOI	16.82

## 100 meter Sch V Time :19:25

Heat:1 Wind : -0.2

1	2958 Claes Flore	1 DALO	13.36
2	2667 Vanhest Aukje	1 LOOI	13.62
3	2362 Van Mengsel Femke	2 ACHL	14.61
4	3004 Sneyers Anke - 20	1 LOOI	14.72
5	2652 Van Bun Eva	2 DALO	14.84
6	9964 FAASBON DANCE	NED	14.95

## 100 meter JSM V Time :19:34

Heat:1 Wind : -0.7

1	1068 Van Der Gaast Lore	97 AVT	12.82
2	37 Vanaenrode Amelien	0 AVT	13.25
3	9962 STORLING EMELIE	NED	13.29
4	115 Vandervelden Lotte	0 LOOI	13.50
5	1325 Jacops Bieke	97 ACHL	13.69
6	1566 Van Houtven Katrien	93 LOOI	14.02
7	2826 Cauberghs Linda	71 LOOI	14.83

## 100 meter Cad + SCHOL Men Time :19:34

Heat:1 Wind : -0.2

1	598 Malumgré Tibo	3 GEEL	11.94
2	2714 Hendrickx Jannes	2 DALO	12.11
3	108 Willems Niels	3 LOOI	12.18
4	103 Lemmens Axel	3 LOOI	12.65
5	1018 Vanderhoven Michael	4 AVT	12.95
6	2623 Deiana Danilo	2 LOOI	12.96
7	2982 Mertens Seppe	1 DALO	13.33

## 100 meter Cad + SCHOL Men Time :19:34

Heat:2 Wind : -0.3

1	9980 GORA JORRIT	3 NA	13.26
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2	110 Willekens Wout	4 LOOI	13.41
3	239 Huysmans Rune	4 LOOI	13.74
4	345 Sools Ilja	4 ROBA	13.76
5	1261 Reymen Jonthry	3 LOOI	13.96
6	112 Van Genechten Jef	4 LOOI	15.11
7	9972 BLOEMEN VIC	4 NA	15.87

100 meter JSM Men Time :19:54

Heat:1 Wind : 0.1

1	9963 DASSEN MAURICE	NED	11.73
2	1811 Smolders Pieter	89 AVT	11.91
3	7784 Baerts Daniël	83 AVT	12.05
4	2281 Vanuytven Jonathan	91 ACHL	12.33
5	3103 MANZANZA KUMBI Hervé	83 IAAC	12.45
6	4615 Herregodts Yves	70 VITA	12.75
7	1596 De Roeck Glen	95 LOOI	12.91
8	40 Pauwels Quinten	0 LOOI	13.54

2000 meter Cad + SCHOL V Time :19:55

Heat:1

1	384 Serre Sofie	3 LOOI	7:03.35
2	601 Vanopstal Nel	4 GEEL	7:04.24
3	2555 Gijbrecchts Yasmina	2 LOOI	7:10.05
4	2854 Vandenberk Gitte	2 DALO	7:18.79
5	91 Kelchtermans Rani	3 AVT	8:04.45
6	1082 Thijs Norah	4 DALO	8:06.72
7	731 Sannen Lien	3 DALO	8:27.20

2000 meter Cad + SCHOL Men Time :20:33

Heat:1

1	2226 Ferson Simon	1 LOOI	5:56.82
2	2206 Gijbels Joas	2 AVT	6:11.06
3	182 Ceunen Zjef	4 VMOL	6:17.11
4	2346 Jordens Jasper	1 DALO	6:17.90
5	346 Dreesen Liam	4 ROBA	6:19.04
6	2313 Theys Brent	1 LOOI	6:26.58
7	9959 VAN WINCKEL VINCE	4 NA	6:28.24
8	2216 Pauwels Ruben	2 LOOI	6:37.98
9	704 Geboers Warre	4 VMOL	6:38.76
10	865 Spegelaere Senne	3 BAV	6:52.95
11	662 Leysens Tibe	3 GEEL	6:56.12
12	330 Spies Michiel	3 DALO	7:02.87
13	512 Nickmans Lars	3 DALO	7:03.25
14	49 Meeus Jorre	4 ARAC	7:16.34
15	600 Vangeel Robbe	4 GEEL	7:27.63

2 mijl JSM V Time :20:33

Heat:1

1	35 Meylaers Antse	99 AVT	12:00.77
2	88 Fagard Pauline	0 LOOI	12:03.36

3	2813 Peeters Anja	69 LOOI	12:05.41
4	3164 Van Oosterwijck Chantal	79 ADD	12:21.28
5	12 Van Aelst Linde	0 AVZK	12:35.51
6	2802 Boeckx Katleen	77 LOOI	12:37.92
7	1626 Slegers Anne-Sophie	97 ADD	12:41.67

2 mijl  
Heat:1

JSM Men Time :20:44

1	1260 Van Den Bosch Jonas	93 AVT	9:34.70
2	1360 Wuyts Jasper	91 VMOL	9:41.37
3	2026 Helsen Thomas	88 LOOI	9:44.23
4	30 Vanherck Jorne	0 VMOL	9:46.12
5	1182 Maes Dave	91 AVT	9:48.10
6	1370 Rondou Niels	86 ACKO	9:49.68
7	1249 Hus Wouter	94 VMOL	9:59.28
8	4041 Schroven Geert	77 LOOI	10:03.57
9	1196 Vanderlinden Steffan	84 LOOI	10:09.95
10	4252 Rusch Sven	80 VMOL	10:21.38
11	3944 Rens Stefan	68 ACHL	10:23.04
12	5573 Vanhoutteghem Olivier	73 AZW	10:35.05

2 mijl  
Heat:2

JSM Men Time :20:44

1	26 Verwaest Dieter	0 ARAC	10:39.58
2	40 Pauwels Quinten	0 LOOI	10:51.05
3	6029 Mondelaers Steven	82 LOOI	11:24.08
4	4130 Verbist Wouter	73 ROBA	11:24.78
5	17 Van Turnhout Brent	0 ACHL	11:34.38
6	4054 Lathouwers Bart	80 LOOI	11:42.67
7	5203 Volders Dirk	59 LOOI	11:45.69
8	4067 Bens Benny	62 LOOI	12:08.35
9	1317 Van Genechten Jelle - 21	93 LOOI	12:37.58
10	5285 Van Den Bossche Marnic	69 ACA	12:55.56
11	4324 Cools Edwin	58 LOOI	13:53.54
	4069 Kerremans Alfons	55 LOOI	DNS

400 meter  
Heat:1

Cad V Time :21:02

1	93 Brouckaert Kato	4 AVT	65.96
2	742 Vanherle Britt	3 ADD	66.99
3	744 Van Ouytsel Janne	4 ROBA	68.97
4	865 Jordens Rien	4 ROBA	72.08
	136 Calders Dina	4 ROBA	DIS

400 meter  
Heat:1

Sch V Time :21:03

1	3065 Zentjens Lopke	1 SACN	64.51
2	2958 Claes Flore	1 DALO	66.24
3	2653 Van Moorsel Robin	2 DALO	67.25
4	2882 Lehaen Janne	1 DALO	68.45

5	3132 Avermaete Delphine	2 RCT	69.60
6	9964 FAASBON DANCE	NED 72.34	
7	2604 Gilis Melanie	1 LOOI	72.96

400 meter  
Heat:1 JSM V Time :21:03

1	1183 Pieroni Messalina	98 LOOI	57.16
2	1673 Bruyneel Helen	91 AZW	59.72
3	560 Van den Abeele Laure	0 ACLO	60.60
4	89 Laporte Morgan	0 AVZK	62.94
5	391 Boonen Lise	0 SACN	65.75
6	2049 Vandersteen Esther	96 ACA	72.90

400 meter  
Heat:1 Cad Men Time :21:17

1	51 Vennekens Bjarne	3 ARAC	56.15
2	1157 Van Gils Louis	3 ABES	58.82
3	1148 Allaert Ruben	4 SACN	59.04
4	926 Hendrix Ward	3 ABES	63.75
5	485 Devroye Simon	4 ROBA	64.25

400 meter  
Heat:2 Cad Men Time :21:17

1	1018 Vanderhoven Michael	4 AVT	58.54
2	103 Lemmens Axel	3 LOOI	60.11
3	241 Verpoorten Felix	4 LOOI	60.28
4	108 Willems Niels	3 LOOI	60.39
5	53 Verwaest Jonas	4 ARAC	64.73
6	345 Sools Ilja	4 ROBA	65.37

400 meter  
Heat:1 Sch Men Time :21:17

1	2202 Horemans Seppe	2 VMOL	51.78
2	2229 Claes Tom	1 LOOI	54.81
3	2220 Prijs Nico	2 LOOI	55.16
4	2262 Mondelaers Thibo	2 VMOL	56.27
5	2714 Hendrickx Jannes	2 DALO	57.39

400 meter  
Heat:2 Sch Men Time :21:17

1	2625 Bex Wout	2 LOOI	51.99
2	2636 Hermans Ruben	2 ADD	55.17
3	2218 Van Herck Seebe	1 LOOI	56.35
4	2399 Lemmens Wander - 81	2 AVKA	56.55

400 meter  
Heat:1 JSM Men Time :21:27

1	488 Leue Louie	0 ABES	49.09
2	1272 Henri Arne	93 ADD	51.37
3	241 Malumgre Ward	0 GEEL	51.82

4	2117 Hoobergs Jesse	96 LOOI	52.44
5	173 Gielis Joos	0 ACHL	52.52
6	1379 Vandervelden Dries	94 LOOI	53.38
7	100 Bouwens Dylan	0 OLSE	54.20

400 meter  
Heat:2 JSM Men Time :21:27

1	377 Michiels Daan	0 DALO	54.83
2	1149 Van Turnhout Jens	98 ACHL	56.12
3	4443 Verhaert Gerry	82 HULS	56.42
4	5340 Neefs Marc	65 DCLA	58.72
5	1596 De Roeck Glen	95 LOOI	59.21
6	4615 Herregodts Yves	70 VITA	60.14
7	6296 Decker Remi	83 ACHL	61.25
	9963 DASSEN MAURICE	NED DNS	

hoogspringen  
Heat:1 Cad V Time :19:55

1	298 Donckier De Donceel Alexi	3 ROBA	1.40
2	210 Boonen Lore	4 LOOI	1.35

hoogspringen  
Heat:1 Sch V Time :19:56

1	2403 Vercammen Anouck	1 LOOI	1.50
2	3132 Avermaete Delphine	2 RCT	1.45
3	3029 Hoobergs Fenne	1 LOOI	1.30

verspringen  
Heat:1 Cad Men Time :20:53

1	921 Engelborghs Jorrit	3 ADD	5.61	+0.0
2	241 Verpoorten Felix	4 LOOI	5.25	+0.3
3	1018 Vanderhoven Michael	4 AVT	5.15	-0.2
4	22 Van Gelder Senne	4 ACHL	4.94	+0.9
5	832 Broeders Lennert	3 LOOI	4.85	-1.0
6	9980 GORA JORRIT	3 NA	4.78	+0.5
7	1267 Das Lukas	3 ROBA	4.77	+0.3
8	239 Huysmans Rune	4 LOOI	4.28	+0.2
9	110 Willekens Wout	4 LOOI	3.83	+0.3
10	112 Van Genechten Jef	4 LOOI	3.60	+0.2
11	9972 BLOEMEN VIC	4 NA	3.59	+0.1

verspringen  
Heat:1 Sch Men Time :20:54

1	2399 Lemmens Wander - 81	2 AVKA	5.34	-0.1
2	2943 Moors Lander	2 AVT	5.21	-0.3
3	2982 Mertens Seppe	1 DALO	4.33	+0.2

verspringen  
Heat:1 JSM Men Time :20:55

1	133 Vandersteen Yente	0 AVT	6.39	+0.3
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2	1318 Laporte Vincent	97 AVZK	6.28	-0.1
3	1862 Metten Lorijn	98 ADD	5.69	-0.1
4	15 Van Bael Jens	99 AVZK	5.65	+0.3
5	1149 Van Turnhout Jens	98 ACHL	5.63	+0.1
6	3911 Van Opstal Bert	65 ACHL	4.73	-0.3
7	6215 Buelens Marc	55 DCLA	3.57	+0.1
8	4046 Hulsmans Pierre	45 LOOI	2.71	+0.3

kogelstoten 3,000kg Cad V Time :19:51

Heat:1

1	9967 WAU JAYBRE	4 NED	12.64
2	371 De Taeye Lore	4 RCT	8.94

kogelstoten 3,000kg Sch V Time :19:52

Heat:1

1	2418 Ghoos Jorie	1 LOOI	11.50
2	2362 Van Mengsel Femke	2 ACHL	10.83
3	2884 Vanwesemael Eva	1 LOOI	8.67
4	2361 Van Turnhout Jorin	2 ACHL	7.63
5	3004 Sneyers Anke - 20	1 LOOI	6.73

kogel 3,000kg W50+ Mas V Time :19:53

Heat:1

1	3388 Paps Maria	48 LOOI	6.08
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discuswerpen 1,750kg Jun Men Time :19:48

Heat:1

1	9983 GODSCHALK NICK	59 NED	47.08
2	543 Vander Schelde Wietse	0 TACT	37.35
3	506 Didden Thibaut	99 LOOI	33.93
4	39 Vercammen Maarten	0 LOOI	30.47

discuswerpen 2,000kg Sen Men Time :19:49

Heat:1

1	1144 Goossens Bjorn	87 ACHL	32.37
2	1936 Jacobs Colin	98 ADD	22.30

discus 2,000kg M35..45 Mas Men Time :19:50

Heat:1

1	4078 Ghoos Kris	73 LOOI	32.42
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hamerslingeren 5,000kg Sch Men Time :19:46

Heat:1

1	2260 Willems Orry	2 VMOL	58.68
2	3633 Demey Mathis	1 CSDY	56.31

hamer 5,000kg M60+ Mas Men Time :19:48

Heat:1

1	5334 Jacobs Humberto	57 ADD	30.57
2	4250 Ooms Gerard	49 VMOL	26.98

kogelstoten 4,000kg JS V Time :20:18

Heat:1

1	2026 Govaerts Sofie	90 LOOI	10.79
2	1645 Rabau Silke	98 RCT	10.30
3	1185 REYNDERS Kirsten	97 LOOI	8.11
4	377 Van Der Have Truus	99 AVT	6.59

kogel 4,000kg W35,40,45 Mas V Time :20:18

Heat:1

1	2995 Paesen Sonja	68 LOOI	6.02
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speerwerpen 700g Sch Men Time :19:54

Heat:1

1	2623 Deiana Danilo	2 LOOI	39.50
2	2218 Van Herck Seebe	1 LOOI	35.49
3	2440 Canters Sieber	1 AVT	33.86

speerwerpen 700g M50...55 Mas Men Time :19:54

Heat:1

1	6050 De Geest Andreas	59 LOOI	39.77
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hamerslingeren 4,000kg Cad Men Time :20:05

Heat:1

1	97 Neyens Devlin	4 LOOI	34.76
2	186 Verhoeven Tobias	4 VMOL	32.94

hamerslingeren 4,000kg M7 Mas Men Time :20:06

Heat:1

1	4046 Hulsmans Pierre	45 LOOI	22.77
2	4075 Elsen Roger	44 LOOI	22.70
3	4268 Schoofs Rene	48 ADD	20.95

verspringen Cad V Time :21:51

Heat:1

1	335 Vansimpson Mirthe	3 AVT	4.84	-0.1
2	739 Veestraeten Anneleen	3 ADD	4.53	-0.2
3	43 Verstrepen Marte	4 GENK	4.52	+0.2
4	9989 VAN VANLUYD MEI	4 NA	4.43	-0.3
5	855 Jehoul Anna	4 BREE	4.29	+0.4
6	164 Cuyvers Floor	4 VMOL	4.18	-0.3
7	9982 MANGELSCHOTS ANKE	4 NA	4.02	-0.1
8	9958 SCHEPERS PAULIEN	4 NA	3.98	-0.4

verspringen Sch V Time :21:52

Heat:1

1	2403 Vercammen Anouck	1 LOOI	4.65	+0.1
2	3029 Hoobergs Fenne	1 LOOI	4.46	+0.1
3	2667 Vanhest Aukje	1 LOOI	4.40	+0.2
4	2361 Van Turnhout Jorin	2 ACHL	3.68	-0.6

verspringen	JSM V Time :21:52			
Heat:1				
	1	37 Vanaenrode Amelien	0 AVT	5.23 +0.5
	2	377 Van Der Have Truus	99 AVT	3.80 +0.3

discuswerpen 1,000kg	Cad V Time :21:13			
Heat:1				
	1	9967 WAU JAYBRE	4 NED	35.08
	2	371 De Taeye Lore	4 RCT	22.11
	3	739 Veestraeten Anneleen	3 ADD	20.70

discuswerpen 1,000kg	Sch V Time :21:13			
Heat:1				
	1	2418 Ghoos Jorie	1 LOOI	29.23
	2	2362 Van Mengsel Femke	2 ACHL	19.85

discuswerpen 1,000kg	JS V Time :21:14			
Heat:1				
	1	2026 Govaerts Sofie	90 LOOI	37.77
	2	9960 JANSSEN ELIEN	90 NA	34.37
	3	1645 Rabau Silke	98 RCT	30.19
	4	1530 Jacobs Caroline	98 LOOI	27.60
	5	1185 REYNDERS Kirsten	97 LOOI	24.43

discuswerpen 1,000kg	Mas V Time :21:15			
Heat:1				
	1	3388 Paps Maria	48 LOOI	15.88
	2	2995 Paesen Sonja	68 LOOI	15.64

speerwerpen 600g	Cad Men Time :20:56			
Heat:1				
	1	22 Van Gelder Senne	4 ACHL	45.81
	2	732 Van Craenenbroeck Menno	3 LOOI	38.73
	3	865 Spegelaere Senne	3 BAV	38.41
	4	97 Neyens Devlin	4 LOOI	32.28
	5	832 Broeders Lennert	3 LOOI	27.32
	6	598 Malumgré Tibo	3 GEEL	25.95
		921 Engelborghs Jorrit	3 ADD	NM

speerwerpen 600g M60...65 Mas Men Time :20:56				
Heat:1				
	1	5334 Jacobs Humberto	57 ADD	33.85
	2	6215 Buelens Marc	55 DCLA	22.04

speerwerpen 500g M70^75 Mas Men Time :20:56				
Heat:1				
	1	4075 Elsen Roger	44 LOOI	18.38
	2	4046 Hulsmans Pierre	45 LOOI	17.51



hamerslingeren 6 kg Jun Men Time :21:00

Heat:1

1	342 Carremans Siemen	0 LOOI	42.47
2	39 Vercammen Maarten	0 LOOI	29.70
3	365 Theunis Bo	0 LOOI	26.67

hamer 6,000kg M50,M55 Mas Men Time :21:01

Heat:1

1	5516 Sneyers Yves	66 LOOI	39.38
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hamerslingeren 7,260kg Sen Men Time :21:01

Heat:1

1	1340 Vanbroekhoven Stef	97 VMOL	60.61
2	2526 Gieghase Kobe	98 KAAG	54.19
3	1144 Goossens Bjorn	87 ACHL	43.70

hamer 7,260kg M35...45 Mas Men Time :21:02

Heat:1

1	4078 Ghoos Kris	73 LOOI	30.29
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discuswerpen 1,000kg Cad Men Time :21:56

Heat:1

1	313 Broeckaert Cédric	4 VS	42.50
2	97 Neyens Devlin	4 LOOI	38.40
3	832 Broeders Lennert	3 LOOI	35.58
4	22 Van Gelder Senne	4 ACHL	34.38
5	415 Van Puyenbroeck Lukas	4 RCT	29.92

discus 1,000kg M60+ Mas Men Time :21:57

Heat:1

1	5334 Jacobs Humberto	57 ADD	36.90
2	4268 Schoofs Rene	48 ADD	30.26
3	4250 Ooms Gerard	49 VMOL	28.28
4	5763 Biets Hugo	52 ACA	28.02
5	4075 Elsen Roger	44 LOOI	26.23
6	6215 Buelens Marc	55 DCLA	21.29

speerwerpen 800g JS Men Time :21:48

Heat:1

1	2351 Chabvamuperu Farayi*	93 OLSE	52.40
2	495 Sauwens Korneel	0 ADD	46.17
3	506 Didden Thibaut	99 LOOI	43.63
4	15 Van Bael Jens	99 AVZK	40.78
5	1862 Metten Lorijn	98 ADD	39.13
6	543 Vander Schelde Wietse	0 TACT	35.68
	1318 Laporte Vincent	97 AVZK	NM
	1936 Jacobs Colin	98 ADD	NM

speerwerpen 800g M35...45 Mas Men Time :21:46

Heat:1

1	4078	Ghoos Kris	73	LOOI	35.04
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discuswerpen 1,500kg Sch Men Time :22:28  
Heat:1

1	2873	Spelmans Ward	2	TACT	48.67
2	2874	Spelmans Dries	1	TACT	41.96
3	2872	Van Stiphout Gillian	2	TACT	39.79
4	2623	Deiana Danilo	2	LOOI	33.85
5	2982	Mertens Seppe	1	DALO	16.28

discus 1,500kg M50,M55 Mas Men Time :22:28  
Heat:1

1	5516	Sneyers Yves	66	LOOI	42.80
2	6050	De Geest Andreas	59	LOOI	35.42